- 1 **T** Of the people pictured, who is credited with founding psychology as an
 - experimental science when he/she opened the first psychology research laboratory in 1879?



- a Incorrect
- b (True Answer)Correct
- c Incorrect
- d Incorrect
- 2 Who is this person and for what is he famous in the early history of psychology?



• British-born, American psychologist Edward B. Titchener who founded structuralism, the first major school in psychology *Incorrect*

• Francis C. Sumner, the American psychologist who chaired Howard University's psychology department and was the first African American to receive a doctorate in

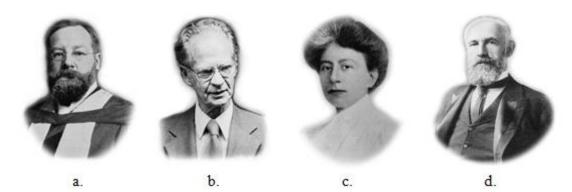
psychology Incorrect

• G. Stanley Hall, the American psychologist who established the first psychology research laboratory in the United States and founded the American Psychological Association *Incorrect*

• German physiologist Wilhelm Wundt, who established the first psychology research laboratory (*True Answer*)Correct

3 T Which of the individuals pictured studied with Wilhelm Wundt in Germany

and founded the early school of psychology called structuralism?



- a (True Answer)Correct
- b Incorrect
- c Incorrect
- d Incorrect
- 4 **Who is this person and for what is he famous in the early history** of psychology?

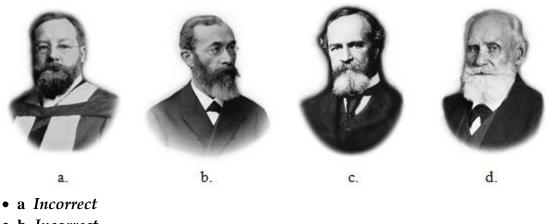


• John B. Watson, the American psychologist who founded behaviorism, emphasizing the study of observable behavior and rejecting the study of mental processes *Incorrect*

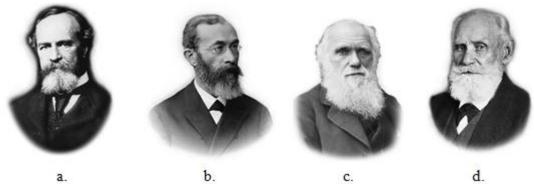
- Austrian physician Sigmund Freud, founder of an early school of psychological thought called psychoanalysis *Incorrect*
- Harvard professor William James, the author of *Principles of*

Psychology (True Answer)Correct

- English naturalist and scientist Charles Darwin, whose theory of evolution through natural selection was published in *On the Origin of Species Incorrect*
- 5 It took him over ten years to write *Principles of Psychology*, which had to be
 published in two volumes because it was over 1,400 pages long. Which of the individuals pictured was the author of *Principles of Psychology*?



- b Incorrect
- c (True Answer)Correct
- d Incorrect
- 6 T Which of the individuals pictured wrote *On the Origin of Species*, a book that provided a compelling account of evolution through the mechanism of natural selection?



- a Incorrect
- b Incorrect
- c (True Answer)Correct
- d Incorrect
- 7 To one of the individuals pictured studied under William James at Harvard
 To University and completed all the coursework requirements for a Ph.D. degree in psychology, yet was denied that degree. Who was that person?



- a Incorrect
- b Incorrect
- c Incorrect
- d (True Answer)Correct
- 8 Which of the following statements is one of the reasons that this person is famous in the early history of psychology?



• She was the first African American to earn a Ph.D. in psychology. *Incorrect*

• She was the first woman to become president of the American Psychological Association. (*True Answer*)Correct

• She was the first woman to earn a doctorate in psychology in the United States and published an influential text in 1908 titled *The Animal Mind. Incorrect*

• She was a key figure in establishing humanistic psychology and developed an influential theory of motivation. *Incorrect*

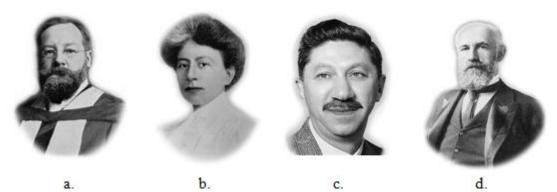
9 Which of the following statements is one of the reasons that this person is famous in the early history of psychology?



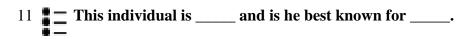
• She is Margaret Floy Washburn, the first woman to earn a doctorate in psychology. (*True Answer*)Correct

• She is Renee Descartes, who is famous for proposing a doctrine called interactive dualism, which stated that the mind and body were separate entities that interact to produce conscious experiences. *Incorrect*

- She is comparative psychologist Rebecca Snyder, who is famous for her research on giant pandas. *Incorrect*
- She is Mary Whiton Calkins, who became the first female president of the American Psychological Association. *Incorrect*
- 10 Among this person's notable achievements were establishing the first psychology research laboratory in the United States and founding the American Psychological Association. Who was this individual?



- a Incorrect
- b Incorrect
- c Incorrect
- d (True Answer)Correct





• Charles Darwin; writing *On the Origin of Species* and whose theory had a profound influence on the development of psychology *Incorrect*

• Edward B. Titchener; becoming the first African American president of Cornell University *Incorrect*

• Abraham Maslow; founding and developing humanistic psychology *Incorrect*

• Francis C. Sumner; studying under G. Stanley Hall and being the first African American to earn a Ph.D. in psychology (*True Answer*)Correct

12 — One of the individuals pictured wrote a textbook titled *The Animal Mind* and
 advocated the scientific study of the mental processes of different animal species. Who was that person?



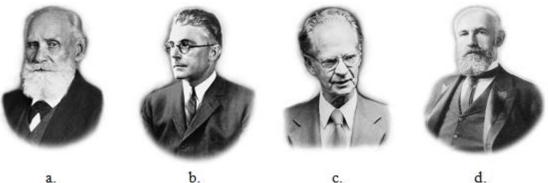
- a Incorrect
- b Incorrect
- c Incorrect
- d (True Answer)Correct
- 13 The Who is this person, and for what is he famous in the early history of psychology?



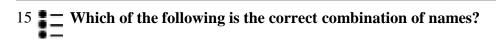
• G. Stanley Hall, who helped organize psychology in the United States and founded the American Psychological

Association Incorrect

- Carl Maslow, the American psychologist who founded humanistic psychology *Incorrect*
- **B. F. Skinner, American psychologist and leading proponent of behaviorism** *Incorrect*
- Sigmund Freud, the Austrian physician who developed a theory of personality called psychoanalysis (*True Answer*)Correct
- 14 Three of the individuals pictured played key roles in establishing the approach to psychology called *behaviorism*. Which person was NOT involved in establishing behaviorism?

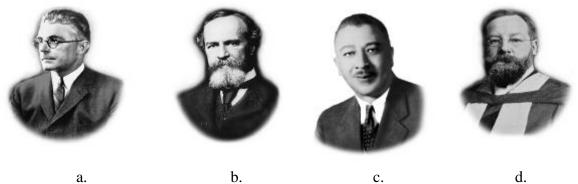


- a Incorrect
- b Incorrect
- c Incorrect
- d (True Answer)Correct





- 1 = Freud, 2 = Sumner, 3 = Calkins *Incorrect*
- 1 = James, 2 = Wundt, 3 = Watson (*True Answer*)Correct
- 1 = Titchener, 2 = Washburn, 3 = Sumner *Incorrect*
- 1 = James, 2 = Washburn, 3 = Skinner *Incorrect*
- Identify the person who said: "Behaviorism, on the contrary, holds that the subject
 matter of human psychology is the behavior of the human being. Behaviorism claims that consciousness is neither a definite nor a usable concept. The behaviorist, who has been trained always as an experimentalist, holds, further, that belief in the existence of consciousness goes back to the ancient days of superstition and magic."



- a (True Answer)Correct
- b Incorrect
- c Incorrect
- d Incorrect
- 1 **The set of the individuals pictured played a key role in establishing the approach**
- 7 called humanistic psychology, which emphasized each person's unique potential for psychological growth and self-direction. Who was that person?



a.

c.

d.

- a Incorrect
- b Incorrect
- c (True Answer)Correct
- d Incorrect
- Which of the following individuals was influential in establishing humanistic
 psychology and developing a theory of metion time. 1

b.

8 psychology and developing a theory of motivation that emphasized psychological growth?



a.







d.

- a (True Answer)Correct •
- **b** Incorrect •
- c Incorrect •
- d Incorrect
- 19 The Who is this person, and what is she doing?



• comparative psychologist Rebecca Snyder studying the behavior of giant pandas (*True Answer*)Correct

• American psychologist Mary Whiton Calkins conducting research on memory and personality in her laboratory at Wellesley College *Incorrect*

• comparative psychologist Margaret Floy Washburn recording the behavior and mental processes of non-human animals *Incorrect*

• American psychologist Francis C. Sumner conducting research on the negative effects of discrimination in her laboratory at Howard University *Incorrect*

20 — Professor Lewis studies the history of psychology. She would most likely agree with which of the following statements about psychology's early history?

• From its inception, psychology has always focused on the study of people who exhibit unusual behaviors or suffer from psychological disorders. *Incorrect*

• Early psychologists disagreed about many issues including which methods psychologists should use and what kinds of behavior psychologists should study. (*True Answer*)Correct

• All the early schools of psychology shared the common view that psychology should be the study of immediate conscious experience. *Incorrect*

• The methods, definition, and scope of psychology have remained unchanged since psychology was founded in the nineteenth century. *Incorrect*

21 **Psychology is formally defined as the scientific:**

• study of mental processes in human and nonhuman

animals. Incorrect

- study of the cause and treatment of mental illness. Incorrect
- study of behavior and mental processes. (*True Answer*)Correct
- investigation of unconscious mental processes. Incorrect
- 22 Which famous Greek philosopher wrote extensively about psychological topics such as sleep and dreaming, the senses, memory, and learning?
 - Aristotle (True Answer)Correct
 - Descartes Incorrect
 - Calkins Incorrect
 - James Incorrect
- 23 In thinking about psychology and consciousness, the idea that
 the mind and the body are separate entities that interact makes a lot of sense to you. This view is most like the view of:
 - Aristotle. Incorrect
 - Descartes. (True Answer)Correct
 - Watson. Incorrect
 - Skinner. Incorrect
- 24 **French philosopher René Descartes:**
 - strongly opposed the idea of establishing psychology as a separate science. *Incorrect*
 - promoted a doctrine called interactive dualism. (*True Answer*)Correct
 - was the first of Wundt's students to receive a doctorate in psychology. *Incorrect*

• was a philosopher who wrote extensively about topics such as sleep, dreams, the senses, and memory more than 2,000 years ago. *Incorrect*

- 25 **Interactive dualism is the idea that:**
 - all living organisms must interact and perform dual functions to survive. *Incorrect*
 - most severe mental disorders, such as schizophrenia, involve a splitting of the mind. *Incorrect*
 - mind and body are separate entities that interact to produce

conscious experiences. (True Answer)Correct

• people with very diverse qualities and beliefs are most likely to be attracted to each other. *Incorrect*

26 **Which of the following statements is TRUE?**

• The Greek philosopher Aristotle first defined psychology as the "scientific study of behavior and mental processes." *Incorrect*

• In contemporary psychology, the nature–nurture issue explores the influence of hereditary versus environmental factors on behavior. (*True Answer*)Correct

• The mind-body issue has now been settled and psychologists no longer explore the relationship between mental activity and the brain. *Incorrect*

• The principle of interactive dualism was formulated by Aristotle more than 2,000 years ago. *Incorrect*

- For centuries, philosophers debated which was more important:
 the inborn _____ of the individual or the environmental influences that _____ the individual.
 - nature; nurture (True Answer)Correct
 - nurture; naturalize Incorrect
 - dualism; condition Incorrect
 - monism; condition Incorrect

28 — Which of the following fields had the greatest impact on the emergence of psychology as a separate scientific discipline?

- history Incorrect
- mathematics Incorrect
- physics Incorrect
- physiology (True Answer)Correct
- 29 is a branch of biology that studies the functions and parts of living organisms, including humans.
 - Neurology Incorrect
 - Dualism Incorrect
 - Epigenetics Incorrect
 - Physiology (True Answer)Correct

30 **Physiology is:**

• a branch of biology that studies the functions and parts of living organisms, including humans. (*True Answer*)Correct

- the idea that mind and body are separate entities. Incorrect
- the first major school of thought in psychology. Incorrect
- sometimes referred to as the "third force" in American psychology. *Incorrect*
- 31 How did physiology contribute to the emergence of psychology as a separate scientific discipline?
 - In defining the boundaries of their science, physiologists rejected the study of mental processes and behavior. *Incorrect*

• Physiologists in the late nineteenth century proposed that psychology should be a separate subdiscipline of philosophy. *Incorrect*

• Physiologists demonstrated that scientific methods could be applied to understanding human behavior and mental processes. (*True Answer*)Correct

• Physiologists in the late nineteenth century were unable to apply scientific methods to the study of human behavior and thinking, and consequently psychology was no longer part of that discipline. *Incorrect*

- 32 Wilhelm Wundt investigated which of the following phenomena?
 - nature versus nurture issue and interactive dualism *Incorrect*
 - fundamental psychological processes, such as mental reaction times in response to visual and auditory stimuli (*True Answer*) *Correct*
 - mental disorders and abnormal behavior Incorrect
 - damaged areas of the human brain Incorrect

33 Wilhelm Wundt:

- was a German physiologist who established the first psychology research laboratory at the University of Leipzig. (*True Answer*)Correct
- was a French philosopher who proposed the idea of interactive dualism. *Incorrect*
- is credited with the discovery of unconscious mental

processes. Incorrect

• was an Austrian physician who founded the psychoanalytic school of psychology. *Incorrect*

34 Wilhelm Wundt outlined the connections between physiology and psychology in:

- his famous textbook titled *Principles of Physiological Psychology*, published in 1874. (*True Answer*)Correct
 a series of famous lectures at Clark University in 1909. *Incorrect*
- a public debate with William James at Harvard University. *Incorrect*
- his famous book *Principles of Psychology*, published in two volumes in 1890. *Incorrect*

Which of the following events do most historians consider to mark the formal beginning of psychology as a scientific discipline?

• Aristotle's landmark essay in 335 B.C., entitled "On the Soul" *Incorrect*

- the 1924 publication of John Watson's book, entitled *Behaviorism Incorrect*
- the establishment of the first psychology research laboratory by Wilhelm Wundt in 1879 (*True Answer*)Correct

• Sigmund Freud's discovery of the unconscious mind in the early twentieth century *Incorrect*

- 36 **Wilhelm Wundt defined psychology as:**
 - a new branch of physiology. Incorrect
 - the study of the behavior of humans and other animals. *Incorrect*
 - a branch of philosophy, not science. *Incorrect*
 - the study of consciousness. (True Answer)Correct

37 _____ opened the first psychology laboratory in _____.

- Sigmund Freud; 1904 Incorrect
- William James; 1890 Incorrect
- Edward B. Titchener; 1892 Incorrect
- Wilhelm Wundt; 1879 (True Answer)Correct

- 38 **•** At which university was the very first psychology research • aboratory established?
 - Johns Hopkins University Incorrect
 - Harvard University Incorrect
 - University of Leipzig (True Answer)Correct
 - Cornell University Incorrect
- 39 Which of the following was the first "school" of thought or approach in psychology?
 - structuralism (True Answer)Correct
 - functionalism Incorrect
 - behaviorism *Incorrect*
 - psychoanalysis Incorrect
- 40 **•** Which early approach or "school" of psychology is associated • with Wilhelm Wundt's student Edward Titchener?
 - behaviorism *Incorrect*
 - humanistic psychology Incorrect
 - functionalism Incorrect
 - structuralism (True Answer)Correct
- 41 _____ More so than any other male psychologist at that time, ______
 helped female students attain their psychology doctorate in his graduate program at Cornell University.
 - G. Stanley Hall Incorrect
 - Francis C. Sumner Incorrect
 - William James Incorrect
 - Edward Titchener (True Answer)Correct
- 42 The early psychological school called structuralism emphasized the study of:
 - habits and adaptive behavior. Incorrect
 - physiology. Incorrect
 - the relative importance of nature versus nurture. Incorrect
 - the elemental components of sensations, feelings, and conscious experience. (*True Answer*)Correct
- 43 "- "What are the most basic units or structures of consciousness?"
 This is a question that would most likely be of interest to a follower of:

- humanism. Incorrect
- behaviorism. *Incorrect*
- functionalism. Incorrect
- structuralism. (True Answer)Correct
- 44 You are a subject in an experiment you are told: "Look at this apple very carefully and tell me your exact sensations and feelings as you experience them." The experimenter in this study probably believes in what school of psychology?
 - psychoanalysis Incorrect
 - functionalism Incorrect
 - structuralism (True Answer)Correct
 - behaviorism Incorrect
- 45 As a subject in an experiment, you are told to look at a coffee mug carefully and then report all your sensations and feelings about the coffee mug after viewing it. What psychological technique have you been told to use?
 - psychoanalysis Incorrect
 - introspection (True Answer)Correct
 - interactive dualism Incorrect
 - natural selection Incorrect

46 **Structuralism:**

• promoted the use of nonhuman animals to study brain functions. *Incorrect*

• ended when Descartes demonstrated that the brain consisted of multiple structures, not one. *Incorrect*

• was based on the idea that even our most complex conscious experiences could be broken down into basic mental

"structures" of sensations and feelings. (True Answer)Correct

• contended that basic human thoughts are contained in common genetic structures that are passed from generation to generation. *Incorrect*

- 47 **Which early school of psychology relied on a method called** introspection?
 - functionalism Incorrect
 - humanism Incorrect
 - behaviorism *Incorrect*
 - structuralism (True Answer)Correct

- 48 H Which of the early schools of psychology was the first to disappear?
 - psychoanalysis Incorrect
 - functionalism Incorrect
 - behaviorism *Incorrect*
 - structuralism (True Answer)Correct
- 49 **What was NOT a criticism of introspection as a technique?**
 - It was an unreliable method since different participants often provided different reports about the same stimulus. *Incorrect*
 - There was too great an emphasis on the physiological mechanisms that made the technique work so effectively. (*True Answer*)Correct
 - Introspection could not be used to study children or animals. *Incorrect*
 - A number of topics, including learning, development, and mental disorders could not be studied using this technique. *Incorrect*

50 **is to structuralism as is to functionalism.**

- Wilhelm Wundt; Edward Titchener Incorrect
- William James; Mary Whiton Calkins Incorrect
- Edward Titchener; William James (True Answer)Correct
- Mary Whiton Calkins; Wilhelm Wundt Incorrect
- 51 One important limitation of introspection as a research method was that introspection:
 - could not be used to study behavior in children or animals. (*True Answer*)Correct
 - could be used only to study the behavior of people in groups. *Incorrect*
 - emphasized unconscious mental processes rather than conscious mental processes. *Incorrect*
 - was appropriate only as a method to study complex topics, such as learning, development, and personality. *Incorrect*

52 Scientists in the nineteenth century who believed that species had not been created once and for all but had changed over time were called:

- introspectionists. Incorrect
- structuralists. Incorrect
- evolutionists. (True Answer)Correct
- behaviorists. Incorrect

- Charles Darwin; 1859 (True Answer)Correct
- Margaret Floy Washburn; 1908 Incorrect
- William James; 1890 Incorrect
- Sigmund Freud; 1909 Incorrect

54 — Which of the following people played a key role in establishing psychology as a scientific discipline in the United States?

- William James (True Answer)Correct
- Sigmund Freud Incorrect
- B. F. Skinner Incorrect
- Abraham Maslow Incorrect
- 55 It took more than ten years to write and was 1,400 pages long when it was published. Who wrote the landmark textbook *Principles of Psychology*?
 - John B. Watson Incorrect
 - Margaret Floy Washburn Incorrect
 - B. F. Skinner Incorrect
 - William James (True Answer)Correct
- 56 "- "I believe that consciousness should be studied to help us understand the adaptive and practical functions of human behavior." Such a statement is most likely to have been made by:
 - William James. (True Answer)Correct
 - Sigmund Freud. Incorrect
 - B. F. Skinner *Incorrect*
 - John B. Watson. Incorrect
- 57 Which early school of psychology examined how psychology could be applied to education, child rearing, and the work environment?

- structuralism Incorrect
- behaviorism Incorrect
- psychoanalysis Incorrect
- functionalism (True Answer)Correct

- 58 Which school of psychology would agree that "psychology should stress the study of how behavior and mental processes allow people and animals to adapt to their environments"?
 - structuralism Incorrect
 - behaviorism *Incorrect*
 - functionalism (True Answer)Correct
 - psychoanalysis *Incorrect*

59 **Both** structuralists and functionalists agreed that:

 psychology should focus not on the study of conscious experience but rather on the investigation of observable behaviors. Incorrect

 psychologists should directly observe the behaviors of animals in natural settings. Incorrect

• psychology should study conscious experience. (True Answer)Correct

• psychological findings should be applied to areas like education, mental illness, health, and child rearing. Incorrect

- Who made this statement: "Now the *immediate* fact which 60 psychology, the science of mind, has to study is also the most general fact. It is the fact that in each of us, when awake (and often when asleep), some kind of consciousness is always going on."
 - John B. Watson Incorrect
 - William James (True Answer)Correct
 - B. F. Skinner Incorrect
 - Mary Whiton Calkins Incorrect
- Who was the first person to be awarded a Ph.D. in psychology in 61 – the United States?
 - B. F. Skinner Incorrect
 - John B. Watson Incorrect
 - Francis C. Sumner Incorrect
 - G. Stanley Hall (True Answer)Correct

- 62 Which of the following psychologists founded the American
 Psychological Association and established the first journal devoted to psychology in the United States?
 - William James Incorrect
 - G. Stanley Hall (True Answer)Correct
 - John B. Watson Incorrect
 - Mary Whiton Calkins Incorrect
- 63 **Which of the following statements about Mary Whiton Calkins is FALSE?**
 - Calkins was the first woman president of the American Psychological Association. *Incorrect*
 - Calkins conducted research on dreams, memory, and personality. *Incorrect*
 - Calkins established one of the first psychology laboratories in the United States. *Incorrect*
 - Calkins founded behaviorism as one of the early schools of psychology. (*True Answer*)Correct
- 64 **Which of the following statements about Mary Whiton Calkins is TRUE?**
 - She was the first woman to study with Wilhelm Wundt and receive a Ph.D. in psychology from Leipzig University. *Incorrect*
 - She was the first woman president of the American Psychological Association and conducted research on dreams, memory, and personality. (*True Answer*)Correct
 - In 1908 she published an influential textbook titled *The Animal Mind*. *Incorrect*
 - She was a comparative psychologist who conducted groundbreaking research on the giant panda. *Incorrect*
- 65 **Who was the first woman to be elected president of the** American Psychological Association?
 - Margaret Floy Washburn Incorrect
 - Francis C. Sumner Incorrect
 - Mary Whiton Calkins (True Answer)Correct
 - Rebecca Snyder Incorrect
- 66 Why was Mary Whiton Calkins denied the Ph.D. degree she had earned in her graduate studies of psychology at Harvard

University?

• Her research was in an area called comparative psychology that was not recognized as a legitimate part of scientific psychology at Harvard University at the time. *Incorrect*

• At the time, Harvard University forbade the use of nonhuman animals in psychology research. *Incorrect*

• William James was opposed to opening the field of psychology to women and refused to support her application despite the fact that she was his most brilliant student. *Incorrect*

• She was a woman, and at the time Harvard was not a coeducational institution. (*True Answer*)Correct

67 **Both Mary Whiton Calkins and Margaret Floy Washburn:**

- studied psychology at Wellesley College and Harvard University. *Incorrect*
- were students of G. Stanley Hall. Incorrect
- were elected president of the American Psychological Association. (*True Answer*)Correct
- were students of Francis C. Sumner. Incorrect

68 The first U.S. woman to be awarded a Ph.D. in psychology was:

- Mary Whiton Calkins. Incorrect
- Margaret Floy Washburn. (True Answer)Correct
- Renee Descartes. Incorrect
- Francis C. Sumner. Incorrect
- 69 Which of the following early psychologists wrote *The Animal Mind* and strongly advocated the scientific study of the mental processes of different animal species?
 - Margaret Floy Washburn (True Answer)Correct
 - John B. Watson Incorrect
 - Mary Whiton Calkins Incorrect
 - Edward B. Titchener Incorrect
- 70 The first African American to receive a Ph.D. in psychology in the United States was:
 - Francis C. Sumner. (True Answer)Correct
 - Abraham Maslow. Incorrect

- G. Stanley Hall. Incorrect
- Margaret Floy Washburn. Incorrect
- 71 TRUE? Which of the following statements about Francis C. Sumner is

• He was the first African American president of the American Psychological Association. *Incorrect*

• He was the first person to be awarded a Ph.D. in psychology in the United States. *Incorrect*

• He was denied the Ph.D. degree he had earned in his graduate studies at Harvard University because he was African American. *Incorrect*

• He chaired the Psychology Department at Howard University and was the first African American to receive a Ph.D. in psychology in the United States. *(True Answer)Correct*

- 72 **The founder of psychoanalysis was:**
 - American psychologist B. F. Skinner. Incorrect
 - American psychologist Carl Rogers. Incorrect
 - German psychologist Wilhelm Wundt. Incorrect
 - Austrian physician Sigmund Freud. (True Answer)Correct

73 **Psychoanalysis emphasized:**

- unconscious causes of behavior. (True Answer)Correct
- overt behavior and principles of learning. Incorrect
- psychological growth and conscious experience. Incorrect
- the perception of whole figures. Incorrect
- 74 Who would have been most likely to say: "You behave the way you do because of unconscious reasons, not reasons in your consciousness"?
 - William James Incorrect
 - John B. Watson Incorrect
 - Sigmund Freud (True Answer)Correct
 - G. Stanley Hall Incorrect

75 **Sigmund Freud:**

• believed that experiences in early childhood were critical in

the formation of adult personality. (True Answer)Correct

• promoted functionalism during his lecture series at Clark University in 1909. *Incorrect*

• stated that psychology should be the study of overt measurable behavior, especially as it pertains to learning. *Incorrect*

- founded humanistic psychology. Incorrect
- 76 Your therapist is very interested in your dreams, blocked memories, and slips of the tongue. On which approach to psychology is your therapist probably basing his psychotherapy?
 - structuralism Incorrect
 - psychoanalysis (True Answer)Correct
 - behaviorism *Incorrect*
 - functionalism Incorrect
- 77 After attending a series of lectures by Freud at Clark University in 1909, ______ described Freud as "a man obsessed with fixed ideas."
 - Francis C. Sumner Incorrect
 - G. Stanley Hall Incorrect
 - Mary Whiton Calkins Incorrect
 - William James (True Answer)Correct

78 **Sigmund Freud:**

- •-
 - refused to visit the United States but lectured extensively at universities throughout Europe and the

Mediterranean. Incorrect

- trained Carl Rogers in the use of scientific methods to study the unconscious mind. *Incorrect*
- promoted the importance of the nature versus nurture issue and interactive dualism in understanding human

behavior. Incorrect

• delivered a series of lectures on psychoanalysis at Clark

University in Massachusetts in the early 1900s. (*True Answer*) Correct

79 is to psychoanalysis as _____ is to humanistic psychology.

• Freud; James Incorrect

- Skinner; Calkins Incorrect
- Freud; Rogers (True Answer)Correct
- Maslow; Pavlov Incorrect
- - B. F. Skinner; Abraham Maslow Incorrect
 - Carl Rogers; Sigmund Freud (True Answer)Correct
 - Wilhelm Wundt; John B. Watson Incorrect
 - William James; Wilhelm Wundt Incorrect
- 81 The early school of psychology called *behaviorism*:
 - grew out of Russian physiologist Ivan Pavlov's pioneering research in which he conditioned dogs to salivate to the sound of a bell. (*True Answer*)Correct
 - was the first of the early schools to disappear. Incorrect
 - was flatly rejected by John Watson and B. F. Skinner in the early 1900s. *Incorrect*

• was rejected as a pseudoscience in the early 1930s by the American Psychological Association (APA) and the American Association for the Advancement of Science (AAAS). *Incorrect*

- 82 **Behaviorism was characterized by:**
 - the rejection of consciousness as a topic in psychology and a focus upon observable behavior. (*True Answer*)Correct
 - a narrow focus upon consciousness and conscious experience. *Incorrect*
 - a focus upon the importance of free will, self-determination, and psychological growth. *Incorrect*
 - an emphasis upon the unconscious determinants of personality. *Incorrect*
- 83 **The founder of behaviorism was:**
 - G. Stanley Hall. Incorrect
 - William James. Incorrect
 - John Watson. (True Answer)Correct
 - Carl Rogers. Incorrect

- 84 **The set of the following statements about behaviorism is TRUE?**
 - B. F. Skinner borrowed the introspection technique from structuralism for use in his methods for behaviorism. *Incorrect*Behaviorism was based on Margaret Washburn's animal
 - research showing the importance of animal consciousness. *Incorrect*
 - Behaviorism emphasized the importance of unconscious influences on human behavior. *Incorrect*
 - John B. Watson argued that consciousness was not a usable concept and considered consciousness to be a concept related to superstition and magic. (*True Answer*)Correct
- 85 Which of the following people strongly objected to structuralism's use of introspection and its emphasis on conscious mental processes?
 - John B. Watson (True Answer)Correct
 - Edward B. Titchener Incorrect
 - Margaret Floy Washburn Incorrect
 - Sigmund Freud Incorrect
- 86 Here Who made the statement "Behaviorism, on the contrary, holds that the subject matter of human psychology *is the behavior of the human being*. Behaviorism claims that consciousness is neither a definite nor a usable concept. The behaviorist, who has been trained always as an experimentalist, holds, further, that belief in the existence of consciousness goes back to the ancient days of superstition and magic."
 - Abraham Maslow Incorrect
 - Edward B. Titchener Incorrect
 - Francis C. Sumner Incorrect
 - John B. Watson (True Answer)Correct
- 87 "My goal is to discover how behavior is acquired and modified — in response to environmental influences." Such a statement is most likely to have been made by:
 - John B. Watson. (True Answer)Correct
 - William James. Incorrect
 - Sigmund Freud. Incorrect
 - Carl Rogers. Incorrect

- 88 **Who conditioned dogs to reflexively salivate to the sound of a bell rather than food?**
 - American psychologist Margaret Washburn Incorrect
 - Russian physiologist Ivan Pavlov (True Answer)Correct
 - Austrian physician Sigmund Freud Incorrect
 - American psychologist B. F. Skinner Incorrect
- 89 **Example 1** Key figures in the development of behaviorism include:
 - Wundt, Titchener, and James. Incorrect
 - James, Watson, and Calkins. Incorrect
 - Maslow, Freud, and Rogers. Incorrect
 - Watson, Pavlov, and Skinner. (True Answer)Correct
- 90 With which behaviorist would you associate the procedures of reinforcement and punishment and operant conditioning?
 - Ivan Pavlov Incorrect
 - Abraham Maslow Incorrect
 - B. F. Skinner (True Answer)Correct
 - William James Incorrect
- 91 Which of the following approaches dominated American psychology for the first half of the twentieth century?
 - structuralism Incorrect
 - functionalism *Incorrect*
 - behaviorism (True Answer)Correct
 - psychoanalysis Incorrect
- 92 **Two key figures in the development of humanistic psychology** include:
 - Abraham Maslow and Carl Rogers. (True Answer)Correct
 - Sigmund Freud and B. F. Skinner. Incorrect
 - Mary Calkins and Margaret Floy Washburn. Incorrect
 - John Watson and B. F. Skinner. Incorrect
- 93 Which of the following people developed a theory of motivation — that emphasized psychological growth?
 - John B. Watson Incorrect
 - Abraham Maslow (True Answer)Correct

- G. Stanley Hall Incorrect
- Ivan Pavlov Incorrect
- 94 Which of the following people emphasized conscious experiences and each person's unique potential for psychological growth and
 - and each person's unique potential for psychological growth and self-direction?
 - Carl Rogers (True Answer)Correct
 - B. F. Skinner Incorrect
 - Sigmund Freud Incorrect
 - John B. Watson Incorrect
- 95 Which of the following approaches was referred to as the "third force" in American psychology?
 - psychoanalysis Incorrect
 - functionalism Incorrect
 - humanistic psychology (True Answer)Correct
 - cognitive psychology Incorrect
- 96 Humanistic psychology emphasized:
 - the active role played by mental processes in organizing sensations into meaningful perceptions. *Incorrect*
 - the experimental study of overt, observable
 - behaviors. Incorrect
 - unconscious determinants of personality and
 - behavior. Incorrect
 - free will, self-determination, psychological growth, and human potential. (*True Answer*)Correct
- 97 Humanistic psychology was called the "third force" because it:
 - provided an alternative viewpoint to the two approaches that were dominant at the time, behaviorism and
 - psychoanalysis. (True Answer)Correct
 - was based upon the belief that there were three forces that motivated all human behavior. *Incorrect*
 - proposed that there were three methods that could be used to scientifically study human behavior. *Incorrect*
 - was composed of three separate branches, or
 - schools. Incorrect

- 98 **I** In recent decades, increased interest in the _____ perspective
 - has occurred due to the development of new drugs for psychological disorders and the development of new techniques to study the human brain.
 - psychodynamic Incorrect
 - behavioral *Incorrect*
 - cognitive Incorrect
 - biological (True Answer)Correct
- 99 The perspective emphasizes studying the physical bases of
 human and animal behavior, including the nervous system, endocrine system, immune system, and genetics.
 - psychodynamic Incorrect
 - humanistic Incorrect
 - behavioral Incorrect
 - biological (True Answer)Correct
- 100 Dr. Professor has used a relatively new technique called the fMRI scan to examine changes in the brain that occur with age. Dr. Professor most likely subscribes to the _____ perspective of psychology.
 - biological (True Answer)Correct
 - psychodynamic Incorrect
 - behavioral Incorrect
 - humanistic Incorrect
- 101 **Theorem 101 Neuroscience refers to the study of the:**
 - endocrine system. *Incorrect*
 - immune system. Incorrect
 - nervous system. (True Answer)Correct
 - the genome. *Incorrect*
- 102 The development of techniques such as PET, MRI, and fMRI scans to study the structure and function of the brain has enhanced the work of psychologists in the _____ perspective of psychology.
 - behavioral *Incorrect*
 - biological (True Answer)Correct
 - psychodynamic Incorrect
 - humanistic Incorrect

- 103 The second s
 - behavioral Incorrect
 - cross-cultural Incorrect
 - biological (True Answer)Correct
 - psychodynamic Incorrect

104 The _____ perspective of psychology emphasizes the importance of unconscious influences and early life experiences in explaining the underlying dynamics of behavior.

- cognitive Incorrect
- positive psychology *Incorrect*
- humanistic Incorrect
- psychodynamic (True Answer)Correct

105 **Dr.** Ramen believes that, in order to effectively treat his clients' psychological disorders, it is essential to understand his clients' early life experiences. Dr. Ramen takes the _____ perspective in psychological treatment.

- behavioral Incorrect
- biological Incorrect
- psychodynamic (True Answer)Correct
- humanistic Incorrect

106 **Even though Dr. Castro does not agree with Freud's**

 psychoanalytic approach, she still thinks that unconscious processes and interpersonal relationships are critical to explaining human behavior. Thus, Dr. Castro follows the _____ perspective in psychology.

- behavioral *Incorrect*
- biological Incorrect
- psychodynamic (True Answer)Correct
- humanistic Incorrect

107 Freud's landmark theory of psychoanalysis became the basis of which perspective in contemporary psychology?

- cognitive Incorrect
- psychodynamic (True Answer)Correct
- humanistic Incorrect
- cross-cultural Incorrect

108 In contemporary psychology, the psychodynamic perspective, the behavioral perspective, and the humanistic perspective:

• are often emphasized among psychologists working in the mental health field. (*True Answer*)Correct

- are considered pseudosciences. *Incorrect*
- have been combined to form a new major perspective in modern psychology called comparative psychology. *Incorrect*
- focus on how people process and remember information, develop language, solve problems, and think. *Incorrect*
- 109 Watson and Skinner's contentions that psychology should focus on observable behaviors to discover the fundamental laws of learning form the basis of which major perspective in contemporary psychology?
 - cognitive Incorrect
 - biological Incorrect
 - humanistic Incorrect
 - behavioral (True Answer)Correct
- 110 According to the _____ perspective, psychologists should investigate only overt, observable behavior and should not concern themselves with internal mental processes that cannot be precisely observed and measured.
 - behavioral (True Answer)Correct
 - biological Incorrect
 - evolutionary Incorrect
 - cross-cultural Incorrect
- 111 Discovering the fundamental laws of learning through studying observable behavior is a focus of the _____ perspective of psychology.
 - cognitive Incorrect
 - humanistic Incorrect
 - behavioral (True Answer)Correct
 - cross-cultural Incorrect
- 112 **Dr. Barongon is a psychotherapist who emphasizes the**
 - importance of choices and self-direction to his clients so that they can strive to reach their fullest potential. Dr. Barongon subscribes to the _____ perspective of psychology.
 - cross-cultural Incorrect
 - psychodynamic Incorrect

- cognitive Incorrect
- humanistic (True Answer)Correct
- 113 John's therapist focuses on how interpersonal relationships have influenced John's self-concept. John's therapist likely
 - have influenced John's self-concept. John's therapist likely takes which of the following perspectives in psychology?
 - positive psychology Incorrect
 - humanistic (True Answer)Correct
 - evolutionary Incorrect
 - cross-cultural Incorrect
- 114 The positive psychology perspective is concerned primarily with:

• helping people of all ages adjust, adapt, and cope with personal and interpersonal problems in such diverse areas as relationships, work, education, marriage, child rearing, and aging. *Incorrect*

• the role of psychological factors in the development, prevention, and treatment of illness and developing ways of promoting health-enhancing behaviors. *Incorrect*

• the study of positive emotions and psychological states, positive individual traits, and the social institutions that foster positive qualities in individuals and communities. (*True Answer*)Correct

• studying the causes, diagnosis, treatment, and prevention of different types of behavioral and emotional disorders, such as anxiety, mood, or eating disorders. *Incorrect*

- 115 Which of the following perspectives in psychology seeks to counterbalance psychology's traditional emphasis on psychological problems and disorders?
 - positive psychology (True Answer)Correct
 - psychodynamic Incorrect
 - evolutionary Incorrect
 - cross-cultural Incorrect
- 116 Theresa is attracted to a relatively new area of psychology that focuses on the conditions and processes that contribute to optimal functioning of people, groups, and institutions. She believes that psychology should be concerned with topics such as personal happiness, optimism, creativity, wisdom, and the institutions that foster these qualities in individuals and communities. Her views are most consistent with the _____

perspective in psychology.

- biological Incorrect
- behavioral Incorrect
- positive psychology (True Answer)Correct
- psychodynamic *Incorrect*

117 **The cognitive perspective of psychology focuses on:**

 the important role of mental processes in how people process and remember information, develop language, solve problems, and think. (True Answer)Correct

- how overt behavior is acquired and modified by environmental influences. Incorrect
- the diversity of human behavior in different cultural settings and countries. Incorrect

• the motivation of people to grow psychologically, the influence of interpersonal relationships on a person's selfconcept, and the importance of choice and self-direction in striving to reach one's potential. Incorrect

- 118 **Dr. Professor, who follows the** _____ perspective, conceptualizes human thinking, memory, and perception in terms of an information-processing model.
 - positive psychology Incorrect
 - behavioral Incorrect
 - biological Incorrect
 - cognitive (True Answer)Correct

119 **During the 1960s, the movement away from traditional** behaviorism and toward the study of how mental processes

- influence behavior was called:
 - "the cognitive revolution" and was influenced by the development of the first computers. (True Answer)Correct
 - the "third force" in American psychology. *Incorrect*
 - the positive psychology perspective. *Incorrect*
 - neuroscience or neuropsychological and was influenced by the development of the first computers. Incorrect
- 120 **The term** *cognitive revolution* refers to:

• the founding of humanistic psychology as the "third force" in psychology that strongly opposed psychoanalysis and behaviorism. *Incorrect*

• a renewed emphasis upon the study of mental processes, which represented a break from traditional behaviorism. (*True Answer*)Correct

• the discovery of the role played by neurotransmitters in the brain during complex behaviors. *Incorrect*

• the revolt of research participants against unethical practices and experiments, which led to new ethical standards in psychology. *Incorrect*

- 121 As a psychology researcher, you have found that the public expression of emotions differs among people from the United States, Japan, Switzerland, and Israel. This type of research fits best with which perspective in psychology?
 - evolutionary Incorrect
 - cross-cultural (True Answer)Correct
 - cognitive Incorrect
 - humanistic Incorrect
- 122 Psychologists following the _____ perspective have investigated the diversity of human behavior in different countries and have discovered that some well-established psychological findings are not as universal as once thought.
 - positive psychology Incorrect
 - cross-cultural (True Answer)Correct
 - evolutionary Incorrect
 - cognitive Incorrect

123 **The Research on social loafing demonstrated that European**

- participants worked harder on a task when working alone, whereas Chinese participants worked harder on a task when they were part of a group. These results illustrate the importance of the _____ perspective in psychology.
 - cross-cultural (True Answer)Correct
 - cognitive Incorrect
 - biological Incorrect
 - humanistic Incorrect

124 **What is social loafing**?

• the tendency to reduce normal grooming behavior, which is

often seen among captive animals, especially primates *Incorrect*

• a scientist's tendency to reduce productive behavior after receiving an award or recognition *Incorrect*

• the term used to refer to the typical group behavior of college students during spring break *Incorrect*

• the tendency for people from individualistic cultures to exert more effort on a task when working alone than when working as part of a group (*True Answer*)Correct

125 **T** "I hate doing group projects in my classes," Hillary, an American student, complained. "When we do a group project,

American student, complained. "When we do a group project, people just don't work as hard as they do when they are working alone." Hillary's observation reflects a psychological phenomenon called:

- an illusionary correlation. Incorrect
- ethnocentrism. Incorrect
- social loafing. (True Answer)Correct
- random selection. *Incorrect*

126 Which of the following statements best characterizes the principle of natural selection?

• If given ample social opportunities, each person will naturally select a mate with similar personality characteristics. *Incorrect*

• Organisms that inherit characteristics that increase their chances of survival in their particular habitat are more likely to survive, reproduce, and pass on their characteristics to their offspring. (*True Answer*)Correct

• Natural selection is the consistent finding that when given an abundant and wide range of food choices, animals in the wild will naturally select a diet that supplies all the necessary nutrients. *Incorrect*

• Natural selection is the strong human tendency to socialize with people of the same ethnic group. *Incorrect*

127 **The evolutionary perspective in psychology:**

• suggests that human behavior is best understood in terms of the individual capacity for growth, free will, and self-direction. *Incorrect*

• analyzes behavior in terms of its adaptive function, such as how it increases a species' chances to survive and

reproduce. (*True Answer*)Correct
is now regarded as nothing more than pseudoscience. *Incorrect*states that, to fully understand human behavior, you must understand how behavior varies among different cultures. *Incorrect*

128 **Psychologists who take the evolutionary perspective:**

• believe that psychological processes that help individuals adapt to their environment also help them survive, reproduce, and pass those abilities on to future generations. (*True Answer*)Correct

- study how behavior develops over the lifespan. Incorrect
- study how different languages evolved. Incorrect
- search for the tools, artifacts, and drawings of our earliest ancestors. *Incorrect*
- 129 **Evolutionary psychology:**

• emphasizes the sweeping changes in human behavior and psychological processes that have occurred in the last 100 years. *Incorrect*

- primarily concentrates on describing the cultural differences among racial and ethnic groups. *Incorrect*
- applies Darwin's theory about the role of natural selection to human psychological processes. (*True Answer*)Correct

• emphasizes that human behavior is best understood in terms of the individual capacity for growth, free will, and self-direction. *Incorrect*

130 **Which of the following is NOT a characteristic of collectivistic cultures**?

• A person's identity is closely tied to the identity of a larger group, such as a family or work group. *Incorrect*

• The needs and goals of the group are valued over the needs and goals of the individual. *Incorrect*

• They are more commonly found in Asia and South America than in North America and Europe. *Incorrect*

• The importance of self-reliance and individual achievement are emphasized. (*True Answer*)Correct

131 In contrast to collectivistic cultures, individualistic cultures tend to:

• value the needs and goals of the individual over the needs and goals of the group. (*True Answer*)Correct

- stress the interdependence of all people. Incorrect
- be less susceptible to cultural influences. Incorrect
- downplay individual abilities and achievements. Incorrect

132 In collectivistic cultures, a person's sense of identity is:

- primarily determined by his or her outstanding accomplishments. *Incorrect*
- strongly influenced by the person's interdependent relationships with others, such as the person's family. (*True Answer*)Correct
- largely a matter of individual preferences and attitudes. *Incorrect*
- best characterized as independent, autonomous, and distinctive. *Incorrect*

133 Approximately _____ of the world's population lives in _____

- two-thirds; collectivistic cultures (True Answer)Correct
- three-fourths; individualistic cultures Incorrect
- half; China Incorrect
- half; North America Incorrect
- 134 **Psychologist Harry Triandis said, "All cultures are** simultaneously very similar and very different." What does
 - simultaneously very similar and very different." What does Triandis mean by this statement?
 - Because individuals are so different, cultures cannot be meaningfully studied or compared. *Incorrect*
 - People in different cultures share many fundamental human attributes and motives, yet people in each culture express these qualities and motives in different ways. (*True Answer*)Correct
 - Ethnocentrism is more prevalent in some cultures than in others. *Incorrect*
 - Collectivistic cultures cannot be understood by members of individualistic cultures. *Incorrect*

- 135 In cross-cultural psychology, the term *culture* refers to:
 - American music and art. Incorrect
 - the attitudes, values, beliefs, and behaviors shared by a group of people and communicated from one generation to

another. (True Answer)Correct

• the universal human motives and beliefs that are shared by all people. Incorrect

• a colony of bacteria grown in the laboratory, typically in a small glass dish. Incorrect

136 **During her first trip abroad, Paula was surprised to find that** people in other cultures ate such foods as snails, squid, insects, lizards, earthworms, and seaweed. "One day they will become civilized like us and eat normal foods like donuts, pizza, hot dogs, and hamburgers and fries," she e-mailed her parents. Paula's remarks reflect a tendency called:

- collectivism. Incorrect
- ethnocentrism. (True Answer)Correct
- expectancy effects. *Incorrect*
- demand characteristics. Incorrect

137 **When Susan learned that infants in Mayan families in Guatemala often sleep in their mother's bed until the child is** two or three years old, she expressed her surprise that the Mayan culture was so "backward" compared with American culture. Susan's views are a good example of _____ in action.

- normative social influence *Incorrect*
- demand characteristics Incorrect
- ethnocentrism (True Answer)Correct
- expectancy effects Incorrect
- 138 **Ethnocentrism refers to the tendency to:**
 - behave in accordance with cultural norms. Incorrect
 - stress the importance of cross-cultural psychology. *Incorrect*
 - use your own culture as the standard for judging other cultures. (True Answer)Correct
 - deny your ethnic heritage. Incorrect

139 **Which statement best characterizes the evolutionary** perspective of psychology?

• Human behavior is best understood in terms of the individual capacity for growth, free will, and self-direction. *Incorrect*

- To fully understand human behavior, you must understand how behavior varies among different cultures. *Incorrect*
- Psychological processes are influenced by natural selection. (*True Answer*)Correct

• As medical and technological advances have evolved, the biological basis of behavior should be the primary focus of contemporary psychology. *Incorrect*

140 **Psychologists who take the evolutionary perspective assume** that psychological processes are subject to the principle of:

- social loafing. Incorrect
- unconscious conflict. Incorrect
- collectivism. Incorrect
- natural selection. (True Answer)Correct
- 141 One of the pie charts presented in Chapter 1 listed the specialty areas of psychologists who had recently received their doctorates. Which specialty area was selected most often?
 - industrial and organizational psychology Incorrect
 - school psychology Incorrect
 - clinical psychology (True Answer)Correct
 - biological psychology Incorrect
- 142 One of the pie charts presented in Chapter 1 listed the primary employment settings for psychologists. What was the most common employment setting for psychologists?
 - federal government agencies Incorrect
 - for-profit organizations and self-employment (*True Answer*)Correct
 - non-profit organizations Incorrect
 - the American Psychological Association Incorrect
- 143 One of the pie charts presented in Chapter 1 listed the specialty areas of psychologists who had recently received their doctorates. Which specialty area was the most popular choice?
 - counseling psychology Incorrect
 - educational psychology Incorrect
 - forensic psychology Incorrect
 - clinical psychology (True Answer)Correct

- 144 **Dr.** McNair has been studying the effects of different levels of estrogen hormones on mating behaviors in male and female hamsters. Dr. McNair is most likely a _____ psychologist.
 - cognitive Incorrect
 - developmental Incorrect
 - biological (True Answer)Correct
 - clinical Incorrect
- 145 Joanna has suffered a series of personal setbacks, including the death of a family member, academic problems in college, and a divorce. She feels so sad, upset, and lonely that she is contemplating suicide. Joanna could probably best be helped by a(n) _____ psychologist.
 - experimental Incorrect
 - clinical (True Answer)Correct
 - industrial/organizational Incorrect
 - educational Incorrect
- 146 **Dr.** Woods is studying the degree to which primates seem to display logic and insight in figuring out a variety of puzzles and other simple problems. Dr. Woods is most likely a(n) _____ psychologist.
 - industrial/organizational Incorrect
 - clinical Incorrect
 - forensic Incorrect
 - cognitive (True Answer)Correct
- 147 Cognitive psychology focuses on the study of:

• mental processes, including reasoning and thinking, problem solving, memory, perception, mental imagery, and language. (*True Answer*)Correct

- children with special needs, such as autistic children or those suffering from learning disabilities. *Incorrect*
- how people are affected by their social

environments. Incorrect

- the causes, diagnosis, treatment, and prevention of psychological disorders. *Incorrect*
- 148 Lynn has just received a research grant to study the effect of downsizing on morale at a large computer company. Lynn is most likely a(n) _____ psychologist.

- cross-cultural Incorrect
- biological Incorrect
- industrial/organizational (True Answer)Correct
- personality Incorrect

149 The specialty area of psychology that helps people of all ages adjust, adapt, and cope with personal and interpersonal problems in such diverse areas as relationships, work, education, marriage, child rearing, and aging is called:

- health psychology. Incorrect
- counseling psychology. (True Answer)Correct
- rehabilitation psychology. Incorrect
- forensic psychology. Incorrect
- 150 Dr. Thang has been trained in counseling psychology and works
 in a community clinic as well as in private practice. She is most likely to:

• apply psychological principles and techniques to legal issues, such as the assessment and treatment of offenders, mental competency to stand trial, child custody, and eyewitness testimony. *Incorrect*

• study the nature of personality, including individual differences and the characteristics that make each individual unique. *Incorrect*

• help people of all ages adjust, adapt, and cope with personal and interpersonal problems in such diverse areas as relationships, work, education, marriage, and child

rearing. (True Answer)Correct

• investigate psychological topics such as sensory and perceptual processes, learning, emotion, and motivation. *Incorrect*

- 151 Dr. Kerrick has developed a training program for young children that will help the children learn to read at a quicker pace and with greater comprehension. What kind of psychologist is Dr. Kerrick?
 - educational (True Answer)Correct
 - personality Incorrect
 - industrial/organizational Incorrect
 - clinical Incorrect

152 **Dr. Jakel is a psychologist who studies basic topics in psychology, such as learning, memory, sensation, and** perception. Dr. Jakel's area of specialization is _____ psychology.

- biological Incorrect
- experimental (True Answer)Correct
- personality Incorrect
- clinical Incorrect

153 **The Professor Anderson is interested in how family relationships**

change over time. During the last two decades, he has kept track of and repeatedly surveyed the same group of 3,000 participants about changes in their relationship with their parents and siblings. Professor Anderson is most likely a _____ psychologist.

- forensic Incorrect
- health Incorrect
- rehabilitation Incorrect
- developmental (True Answer)Correct

154 — Dr. Meziere is giving a presentation on her research at the Annual Symposium of Health Psychologists. Which of the following presentation titles is most likely hers?

• "Improving Employee Morale in Unfavorable Working Conditions" *Incorrect*

• "The Possible Role of the Cultural Factors in the

Development of Schizophrenia and Depression" Incorrect

• "The Impact of Interpersonal Loss on Immune System

Functioning" (True Answer)Correct

• "The Genetic Basis of Personality" Incorrect

155 **The Dangerous Dan's lawyer claimed that his client was not**

- mentally competent to stand trial, but the prosecutor believes that he is. In order to resolve the issue, it is very likely that a _____ psychologist will be consulted to conduct an assessment.
 - health Incorrect
 - rehabilitation Incorrect
 - forensic (True Answer)Correct
 - personality Incorrect

156 The specialty area in psychology that applies psychological

principles and techniques to legal issues, such as the assessment and treatment of offenders, mental competency to stand trial, child custody, jury selection, and eyewitness testimony is called psychology.

- clinical Incorrect
- rehabilitation *Incorrect*
- counseling Incorrect
- forensic (True Answer)Correct
- 157 **Dr.** Nelson studies the psychological factors that seem to be associated with the development of heart disease. Dr. Nelson specializes in _____ psychology.
 - educational Incorrect
 - industrial/organizational Incorrect
 - health (True Answer)Correct
 - developmental Incorrect
- 158 psychology is most interested in examining individual differences and the characteristics that make each person unique.
 - Educational Incorrect
 - Social Incorrect
 - Cross-cultural Incorrect
 - Personality (True Answer)Correct

159 In his practice, Dr. Kallin applies psychological principles to help people with chronic and disabling health conditions adapt

• help people with chronic and disabling health conditions adap to their situation and attain optimal psychological, interpersonal, and physical functioning. Dr. Kallin is a _____ psychologist.

- forensic Incorrect
- social Incorrect
- rehabilitation (True Answer)Correct
- health Incorrect
- 160 After a car crash, Tyler was left with a number of chronic and disabling health conditions and was having trouble adjusting to the situation. Tyler could benefit most from seeing a _____ psychologist.
 - social Incorrect
 - personality Incorrect
 - psychodynamic Incorrect
 - rehabilitation (True Answer)Correct
- 161 **Which of the following titles would most likely be found in a** research journal for social psychology?

"Increased levels of the male hormone, testosterone, causes increased aggressive behavior in laboratory rats" *Incorrect*"How the presence of other people affects helping behavior in public situations" (*True Answer*)Correct
"Decreases in intellectual functioning can be reversed through increased mental activities in the older adult" *Incorrect*

- "Motivational effects of stress" Incorrect
- 162 Dr. Lavalle, one of the many professionals who are helping the Olympic team prepare for the games, uses psychological theory and knowledge to enhance athletic motivation, performance, and consistency. Dr. Lavalle is a _____ psychologist.
 - sports (True Answer)Correct
 - rehabilitation Incorrect
 - personality Incorrect
 - health Incorrect
- 163 The specialty area in psychology that uses psychological theory
 and knowledge to enhance athletic motivation, performance, and consistency is called _____ psychology.
 - health Incorrect
 - positive Incorrect
 - rehabilitation Incorrect
 - sports (True Answer)Correct
- 164 When he was having academic difficulties, Walter received counseling and an assessment from a professional who also consulted with his parents, teachers, and other school staff. This professional is most likely a _____ psychologist.
 - health Incorrect
 - forensic Incorrect
 - rehabilitation Incorrect
 - school (True Answer)Correct
- 165 Psychologists who counsel students, perform assessments, who help teachers, school administrators, and parents understand how children learn and develop are known as _____ psychologists.
 - school (True Answer)Correct
 - experimental Incorrect
 - personality Incorrect
 - cognitive Incorrect

- 166 The comparison of the second seco
 - school Incorrect
 - developmental Incorrect
 - military (True Answer)Correct
 - educational Incorrect
- 167 **Which of the following statements about clinical psychologists is FALSE?**

• They have extensive training in evaluating and diagnosing psychological disorders, psychotherapy techniques, and psychological testing. *Incorrect*

• They study the causes, diagnosis, treatment, and prevention of different types of behavioral and emotional disorders, such as anxiety, mood, or eating disorders. *Incorrect*

• Their training leads to a doctorate in clinical psychology, either a Ph.D. or a Psy.D. *Incorrect*

• As a regular part of their training, they are supervised in prescribing medications, electroconvulsive therapy (ECT), transcranial magnetic stimulation (TMS), and other medical procedures. (*True Answer*)Correct

- 168 Dr. Mason and Dr. Jacobson both work in Minnesota in different cities. They both treat people with severe mental disorders. Dr. Mason cannot prescribe medications for his patients, but Dr. Jacobson frequently prescribes medications. Dr. Mason is probably a _____, whereas Dr. Jacobson is probably a(n) _____.
 - psychiatrist; clinical psychologist Incorrect
 - experimental psychologist; biological psychologist Incorrect
 - clinical psychologist; psychiatrist (True Answer)Correct
 - social psychologist; health psychologist Incorrect
- 169 Hereit Which of the following statements about prescribing medications for psychological symptoms is TRUE?

• In the United States, only psychiatrists can prescribe medications for psychological symptoms. *Incorrect*

• Because there are so few psychiatrists in Alaska, it became the first state to allow clinical psychologists to prescribe a small number of medications for treating psychological disorders. Incorrect

• Psychologists in New Mexico and Louisiana can qualify for prescription privileges if they complete additional coursework and a special training program supervised by a physician. (*True Answer*)Correct

• As a matter of federal law, psychologists are prohibited from prescribing any type of medication in the United States. *Incorrect*

170 Herein Which of the following statements is a key reason why some states have enacted legislation allowing psychologists to prescribe medications for psychological symptoms?

• Allowing trained psychologists to prescribe medications may help many people who have been unable to gain access to mental health, especially people in rural areas underserved by mental health professionals' care. (*True Answer*)Correct

• It is the first step in the plan to make almost all medications for psychological symptoms available over the counter without a prescription. *Incorrect*

• It may encourage greater competition between psychiatrists and clinical psychologists, which should help lower the cost of mental health care. *Incorrect*

• North Dakota, Montana, and Alaska have unusually high rates of psychological disorders, especially major depression during the winter months. *Incorrect*

- 171 **Which of the following best represents psychology's basic** goals?
 - investigate and treat mental illness Incorrect
 - describe, explain, predict, and influence behavior (*True* Answer)Correct
 - listen to, counsel, and console people with problems *Incorrect*

• apply the findings of animal research to abnormal behavior *Incorrect*

- 172 When researchers create questions to investigate, generate evidence, and draw conclusions, they are guided by a set of assumptions, attitudes, and procedures that is (are) called:
 - the scientific method. (True Answer)Correct
 - guesses and hunches. Incorrect
 - ethical guidelines. Incorrect
 - pseudoscientific assumptions. Incorrect

- 173 **Psychologists are guided by the basic scientific assumption that** events are lawful. What does this mean to psychologists?
 - Psychologists are required to obey the law in all their professional activities. *Incorrect*
 - Psychologists assume that behavior and mental processes follow consistent patterns. (*True Answer*)Correct
 - Psychologists recognize that behavior typically follows the laws created by society. *Incorrect*
 - Psychologists assume that abnormal behavior is unlawful whereas normal behavior is lawful. *Incorrect*
- 174 Like other scientists, psychologists are guided by the assumption that:
 - only experimental data have scientific relevance. Incorrect
 - statistically significant results always have practical significance. *Incorrect*
 - certain phenomena will never be understood. Incorrect
 - events are lawful and ultimately explainable. (*True Answer*)Correct
- 175 **Psychologists assume that:**
 - behavior and mental processes have a cause or causes. (*True Answer*)Correct
 - there are no parallels between human and animal behavior. *Incorrect*
 - human behavior can be accurately predicted in any situation. *Incorrect*
 - most aspects of behavior and mental processes cannot be understood by scientific means. *Incorrect*
- 176 In striving to identify and understand consistent patterns of behavior, psychologists are _____. That is, they are willing to consider new or alternative explanations of behavior and mental processes.
 - skeptical Incorrect
 - empirical Incorrect
 - open-minded (True Answer)Correct
 - cautious Incorrect

- 177 **Psychologists' open-minded attitude is tempered by a healthy** sense of scientific_____. That is, psychologists critically evaluate the evidence for new findings, especially those that seem contrary to established knowledge.
 - intuition Incorrect
 - dualism Incorrect
 - skepticism (True Answer)Correct
 - empiricism *Incorrect*

178 *Empirical evidence* refers to evidence that is the result of:

• observation, measurement, and experimentation. (True Answer)Correct

- intuition, logic, and critical thinking. Incorrect
- experience, philosophy, and opinion. Incorrect
- experience, logic, and statistics. Incorrect

179 **Which of the following is NOT a step in the scientific method?**

- formulate a testable hypothesis *Incorrect*
- design the study and collect data Incorrect
- analyze the data and draw conclusions Incorrect
- apply the findings to solve human problems (*True Answer*)Correct

180 \blacksquare A hypothesis is:

- a tentative statement that describes the relationship between two or more variables. (True Answer)Correct
- a geometrical construct often used in statistical
- analyses. Incorrect
- a theory that has been proven. *Incorrect*
- the operational definition assigned to the independent variable. Incorrect
- 181 A researcher sets out to test the following statement: "Adolescents are more likely to start smoking if one or both of their parents smoke." This statement is an example of:
 - a theory. Incorrect
 - an operational definition. Incorrect
 - a hypothesis. (True Answer)Correct

- experimenter bias. Incorrect
- 182 The factors in a hypothesis that can vary or change are called the:
 - theories. Incorrect
 - variables. (True Answer)Correct
 - main effects. *Incorrect*
 - correlation coefficients. Incorrect
- 183 **An operational definition is:**
 - a research design in which the participants act or operate as their own control group. *Incorrect*
 - a precise description of how each variable in a particular study will be manipulated or measured. (*True Answer*)Correct
 - one that has been approved by the American Psychological Association. *Incorrect*
 - a statistical method used in psychological research to correct for bias that may be operating in the experimental situation. *Incorrect*
- 184 In order to test the hypothesis that premarital education enhances marital quality, Dr. Stanley should first:
 - conduct pseudoscientific research. Incorrect
 - use naturalistic observation to observe happily married couples. *Incorrect*
 - operationally define the terms *premarital education* and *marital quality*. (*True Answer*)Correct
 - avoid operational definitions because they reflect preconceived ideas and biases. *Incorrect*
- 185 **Which of the following phrases would be an acceptable** operational definition for anxiety?
 - unpleasant emotional state Incorrect
 - feelings of worry, tension, dread, or fear Incorrect
 - asking people to rate their current level of anxiety on a 1-to-10 scale (*True Answer*)Correct
 - None of the other alternatives is correct because anxiety is a subjective emotional state that cannot be operationally defined. *Incorrect*

186 **People who engage in critical thinking:**

• try to boil down all complex issues to a yes/no proposition. *Incorrect*

- evaluate evidence only from their own perspective. Incorrect
- readily accept an explanation if the explanation makes sense. *Incorrect*

• are open to new ideas, yet maintain a sense of skepticism. (*True Answer*)Correct

187 **In general**, *critical thinking* refers to the practice of:

• criticizing other people. Incorrect

• assuming that new ideas are wrong until proven otherwise. *Incorrect*

• actively questioning statements rather than blindly accepting them. (*True Answer*)Correct

• using personal opinions to determine the conclusions drawn. *Incorrect*

188 Critical thinkers engage in reflective thinking. This means that they:

- assume other perspectives. Incorrect
- use their intuition to solve problems. Incorrect
- maintain an attitude of healthy skepticism. Incorrect
- expect and accept complexity. (True Answer)Correct
- 189 **Howard recognizes that there is always a subjective side to any**
 - science. Therefore, he believes that it is important to actively minimize preconceptions and biases while evaluating evidence. Also, he always considers alternative explanations for research findings. Howard's attitude reflects:
 - pseudoscientific thinking. Incorrect
 - the confirmation bias. Incorrect
 - collectivistic thinking. Incorrect
 - critical thinking. (True Answer)Correct

190 **Researchers were interested in the effects of alcohol**

consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol, another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic

drinks tasted identical. A final group was given no drinks at all. Next, perceived attractiveness of members of the opposite sex was measured. Which of the following is an operational definition of perceived attractiveness?

- awareness of attractiveness through the visual sense *Incorrect*
- providing pleasure or delight Incorrect

• participants' rating on a 1-to-10 scale in response to questions about the attractiveness of members of the opposite sex (*True Answer*)Correct

• awareness of and action upon one's attraction to a member of the opposite sex *Incorrect*

191 **Text** Researchers were interested in the effects of alcohol

- consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol, another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic drinks tasted identical. A final group was given no drinks at all. Next, perceived attractiveness of members of the opposite sex was measured. What was the operational definition of alcohol consumption?
 - receiving 4 alcoholic drinks, 4 nonalcoholic drinks, or no drinks (*True Answer*)Correct
 - blood alcohol content Incorrect
 - rating perceived attractiveness on a 1-to-10 scale Incorrect
 - taste of the drinks Incorrect
- **192 Psychologists use statistics to:**
 - analyze the data collected and determine if the results support the hypothesis. (*True Answer*)Correct
 - generate new theories. Incorrect
 - prove that a theory is true. Incorrect
 - confuse introductory psychology students. Incorrect
- 193 **Dr.** Hazlett used statistics and determined that the result of her experiment was statistically significant. Dr. Hazlett then concluded that the:
 - results of the experiment were not likely to have occurred by chance. (*True Answer*)Correct
 - results of the experiment have practical importance in everyday life. *Incorrect*

- hypothesis for the experiment was not supported. Incorrect
- correlation coefficient was zero. *Incorrect*

According to Professor Zarkov's correlational data, there is a statistically significant relationship between the socioeconomic level of a family and how much time the parents spend talking to their children. To say that the results of this study are "statistically significant" means that:

• there is a cause-and-effect relationship between the two variables. *Incorrect*

• the results are unlikely to have occurred by chance. (*True* Answer)Correct

• the finding has no mathematical validity. Incorrect

• the finding can be used to generate new theories. *Incorrect*

195 **Descriptive research methods:**

• typically answer the "who, what, where, when, and how often" questions about behavior. (*True Answer*)Correct

• are no longer used in contemporary psychology. Incorrect

• have been replaced by sophisticated brain imaging techniques. *Incorrect*

• provide the most compelling evidence of cause-and-effect relationships. *Incorrect*

196 In contrast to the experimental method, the basic goal of the descriptive method is to:

• investigate and refute "common sense" notions about human behavior. *Incorrect*

• manipulate variables in a meaningful way. *Incorrect*

• deduce valid operational definitions and generate new experiments. *Incorrect*

• observe and describe behavior. (True Answer)Correct

¹⁹⁷ The basic goal of the experimental method is to:

- demonstrate that one variable causes change in a second variable. (*True Answer*)Correct
- describe and predict naturally occurring phenomena. *Incorrect*
- investigate a single subject in depth. Incorrect

- discover new operational definitions. Incorrect
- 198 Which type of research method is used to show that one variable causes change in another variable?
 - naturalistic observation Incorrect
 - survey Incorrect
 - experimental method (True Answer)Correct
 - descriptive method Incorrect

199 Unobtrusively, Dr. Jones and two of her students record the
 willingness of boys and girls to volunteer for an elephant or a donkey ride at the local zoo. Jones is using:

- unethical research practices. Incorrect
- experimental research methods. Incorrect
- meta-analysis. Incorrect
- descriptive research methods. (True Answer)Correct

200 **A meta-analysis is most useful when:**

• there are not enough participants in an experiment. *Incorrect*

• a particular issue has generated a large number of studies, some of which have produced weak or contradictory results. (*True Answer*)Correct

• the statistical analysis indicates that the results are statistically significant but the hypothesis is not supported. *Incorrect*

- the experiment has never been replicated. Incorrect
- 201 **Dr. O'Connor was interested in whether men and women differ** in sexual attitudes. She found that more than 170 studies had already been published on this issue. Using _____, she combined the results of these studies and analyzed the data for overall trends.
 - meta-analysis (True Answer)Correct
 - naturalistic observation Incorrect
 - pseudoscientific analysis Incorrect
 - a natural experiment Incorrect

202 **Meta-analysis is:**

• a statistical technique that combines and analyzes the

findings from many different studies on a particular topic in order to determine overall trends. (*True Answer*)Correct

- the final step in the scientific method. Incorrect
- a type of computer program used to collect and analyze the results of case study research. *Incorrect*
- a pseudoscience. Incorrect
- 203 When psychologists report the findings of a study in a scientific journal, it's important that they include a description of all of the following EXCEPT:
 - how the study participants were chosen. Incorrect
 - how the data were analyzed. Incorrect
 - how variables were operationally defined. Incorrect
 - how the journal reviewers responded to the findings. (*True Answer*)Correct
- ²⁰⁴ In order to increase confidence in the findings of a particular study, it is important that the study and its results:
 - have practical significance. *Incorrect*
 - be widely reported. Incorrect
 - be repeated or replicated. (True Answer)Correct
 - be tested by meta-analysis. Incorrect

205 The word *replicate* refers to:

- a second statistical analysis of the study's results by an independent researcher. *Incorrect*
- confirming a researcher's results with metaanalysis. *Incorrect*
- a statistical technique. Incorrect
- repeating a study using the same research methods but different research participants. (*True Answer*)Correct
- 206 Which of the following conditions would increase scientific *confidence* in a particular research finding?
 - The study was conducted by a well-known or famous psychologist. *Incorrect*
 - The study was reported by CNN, MSNBC, and other news agencies. *Incorrect*

• Independent researchers repeated the study using different participants and the same basic finding occurred again. (*True*

Answer)Correct

 Other researchers felt that the finding fit with their personal experience. Incorrect

207 **A** _____ is a specific question or prediction to be tested, whereas a(n) _____ tries to integrate and summarize a large number of findings.

- hypothesis; theory (True Answer)Correct
- variable; operational definition Incorrect
- theory; hypothesis *Incorrect*
- descriptive method; experimental method Incorrect

 $208 \blacksquare \blacksquare A$ theory:

- is another term for a hypothesis. *Incorrect*
- integrates and summarizes diverse findings on the same
- topic. (True Answer)Correct

• is based strictly on speculation rather than any kind of empirical evidence. Incorrect

• is a statement of absolute fact that eventually becomes a scientific law. Incorrect

209 **Theory is to hypothesis as** is to _____.

- prediction; control *Incorrect*
- chance; description Incorrect
- control; model Incorrect
- model; prediction (True Answer)Correct
- - furthering the understanding of behavior. Incorrect
 - allowing predictions to be made. Incorrect
 - ensuring statistical significance in an experiment. (True Answer)Correct
 - stimulating new research. Incorrect
- 211 When psychologists systematically observe and record behaviors as they occur in their natural settings, they are using a descriptive method called:
 - case study survey research. Incorrect

- meta-analysis. Incorrect
- naturalistic observation. (True Answer)Correct
- the experimental method. *Incorrect*

212 **Dr.** Harmon wants to study the conditions under which some children are rejected by their peers. Daily, from the beginning of a school year, she carefully observes and records the behavior of kindergartners, first-graders, and second-graders in the classroom and on the playground. Dr. Harmon is using:

- a survey. Incorrect
- naturalistic observation. (True Answer)Correct
- a case study. Incorrect
- the experimental method. *Incorrect*
- 213 The primary goal of naturalistic observation is to:
 - conduct an experiment in an artificial environment. *Incorrect*
 - detect natural behavior patterns. (True Answer)Correct
 - improve the survival rate of endangered species and preserve threatened habitats. *Incorrect*
 - disrupt natural behavior patterns and observe the results. *Incorrect*
- 214 Which of the following statements is a key advantage of naturalistic observation?
 - Researchers can manipulate animal and human behavior. *Incorrect*
 - Operational definitions are not needed, since only natural behaviors are studied. *Incorrect*
 - Researchers can easily duplicate conditions that have been first investigated in laboratory settings. *Incorrect*
 - Researchers can study behavior that could not ethically be manipulated in an experiment. (*True Answer*)Correct
- 215 Why do researchers try to avoid being detected by their participants when engaged in naturalistic observations?
 - The researchers themselves could be considered a dependent variable that affects the results of the study. *Incorrect*
 - Naturally occurring behavior patterns might not occur if the participants become aware that they are being observed. (*True*

Answer)Correct

• It is unethical to engage in any kind of research, even naturalistic observation, unless there is prior permission by the participants. *Incorrect*

• Participants may continue to act naturally with the researchers, but the researchers may not act like researchers once they begin to interact with the participants. *Incorrect*

- 216 After many media reports of aggressive behavior by parents and other adult spectators in the stands at Canadian youth hockey games, psychologists systematically recorded the comments of adult spectators at youth hockey games in a large Canadian city. They found that almost two-thirds of the comments were directed at the players rather than the referees, and that most comments were positive and encouraging rather than negative or critical. The psychologists used a descriptive research method called _____.
 - a case study *Incorrect*
 - naturalistic observation (True Answer)Correct
 - survey research Incorrect
 - the representative sample *Incorrect*

217 After many media reports of aggressive behavior by parents and other adult spectators in the stands at Canadian youth hockey games, psychologists used a method called naturalistic observation to study spectator behavior. Using the naturalistic observation method means that:

- researchers must avoid being detected by their subjects. *Incorrect*
- behaviors are observed in their natural settings, not in a lab. *Incorrect*
- researchers may study behaviors that cannot ethically be manipulated in an experiment. *Incorrect*
- All of the answers are correct. (True Answer)Correct
- 218 After many media reports of aggressive behavior by parents and other adult spectators in the stands at Canadian youth hockey games, psychologists systematically recorded the comments of adult spectators at youth hockey games in a large Canadian city. They found that when negative comments were made they were more often directed at the _____ than at the
 - referees; players (True Answer)Correct
 - players; referees Incorrect

- opposing teams' parents; coaches Incorrect
- coaches; opposing teams' parents Incorrect

 $^{219} \blacksquare \blacksquare A pseudoscience is a:$

- specific branch of science focused on a single issue and based on compelling empirical evidence. *Incorrect*
- group of different sciences, such as psychology, sociology, and anthropology, that focus on the same general issue. *Incorrect*
- fake or false science that is based on little or no scientific evidence. (*True Answer*)Correct

• form of science that emphasizes findings that have practical value (applied science) rather than new knowledge just for the sake of new knowledge (pure science). *Incorrect*

220 **The word** *pseudo* means:

- numerous or many. Incorrect
- fake or false. (True Answer)Correct
- applied or practical. Incorrect
- unconventional or unusual. *Incorrect*
- 221 The practice of applying magnets to the body to supposedly treat various conditions and ailments is called:
 - transcranial magnetic stimulation (TMS). Incorrect
 - magnetic resonance imaging (MRI). Incorrect
 - magnet therapy. (True Answer)Correct
 - positron emission tomography (PET). Incorrect
- 222 Scientific research into the effects of magnet therapy has demonstrated that:

• magnets of various types can relieve pain and other ailments. *Incorrect*

- magnets applied to the head enlarge the hippocampus and improve memory and learning abilities. *Incorrect*
- magnets, regardless of the type used, do not relieve pain and other ailments. (*True Answer*)Correct

• static magnets are more effective in relieving pain and other ailments than transcranial magnetic stimulation (TMS) or magnetic resonance imaging (MRI). *Incorrect*

- 223 An irrefutable or nonfalsifiable claim:
 - is supported by empirical evidence. Incorrect
 - cannot be disproved or tested in any meaningful way. (*True* Answer)Correct
 - results directly from applying critical thinking to pseudoscientific claims. *Incorrect*

• can be attributed to a person's beliefs and expectations rather than to the actual independent variable. *Incorrect*

- 224 The Snape Oil Supplement Company uses sincere and compelling testimonials and personal anecdotes to promote its products on TV infomercials. These testimonials:
 - are acceptable scientific evidence. *Incorrect*
 - should be believed because they appear to be genuine and the products really did help these people as they claim. *Incorrect*
 - lack the basic controls used in research and are not acceptable scientific evidence. (*True Answer*)Correct

• are a type of descriptive research method called naturalistic observation. *Incorrect*

- 225 Based on a friend's suggestion, Nicole moved her bed so that its head pointed to magnetic north. Nicole's friend told her this would help align the electrical impulses in her body and improve blood circulation to her brain. After sleeping this way for a week, Nicole found it easier to concentrate while studying. Her test scores also seemed to improve. Even after learning that scientific evidence does not support this notion, Nicole believed that sleeping with her head pointed to the magnetic north had improved her performance. Nicole's perception is an example of a:
 - pseudoscientific belief. (True Answer)Correct
 - negative correlation. Incorrect
 - demand characteristic. *Incorrect*
 - statistically significant effect. Incorrect
- 226 Proponents of magnet therapy, like those of almost all pseudoscientific claims, use certain strategies to create the illusion of scientific validity. Which of the following clauses is NOT one of those strategies or ploys?
 - using testimonials rather than scientific evidence Incorrect
 - using the scientific method to test hypotheses and

claims (True Answer)Correct

• combining established scientific knowledge with unfounded claims *Incorrect*

• seeking out evidence that confirms the claims while ignoring evidence that contradicts or undermines them (the confirmation bias) *Incorrect*

227 The mother of a 16-year-old boy with juvenile arthritis was told by a friend of special magnetic bracelets and a magnetic mattress that had helped her husband's arthritis. Her friend gave her a couple of pamphlets that described the unique painrelieving and "healing" properties of the special magnetic bracelets and mattress. The pamphlets referred to "scientific studies conducted at a major university." The literature also provided several personal testimonials from people who claimed to have benefited from wearing the magnetic bracelets and sleeping on the magnetic mattress. The mother spent more than \$500 on the magnetic mattress and bracelets but her son's arthritis symptoms did not improve. What was the mother's mistake?

• She confused statistical significance with practical significance. *Incorrect*

• She mistakenly accepted personal anecdotes and testimonials as scientific evidence. (*True Answer*)Correct

• She failed to realize that laboratory experiments usually do not generalize to real-world situations in everyday life. *Incorrect*

• She forgot that only a positive correlation can indicate a true cause-and-effect relationship. *Incorrect*

228 A friend tells you that putting a small cardboard pyramid under your bed as you sleep at night will enhance your "psychic energy" and give you "inner peace." Pseudoscientific claims like this:

> • are irrefutable or nonfalsifiable because they use vague terms like "psychic energy" and "inner peace" and cannot be disproved or tested in any meaningful way. (*True Answer*)*Correct*

• can be tested only using brain-imaging technology such as PET scans, MRI, or fMRI. *Incorrect*

- can be tested only with natural experiments. Incorrect
- would be unethical to test because the researcher would have to use a double-blind study. *Incorrect*

- 229 **T** As you flip through the television channels, you come across the
 - "Psychic Circle," which advertises "psychics" who use "scientifically proven methods" to see the future. This is an example of:
 - empirical evidence. Incorrect
 - applied critical thinking. Incorrect
 - the practice effect. Incorrect
 - a pseudoscientific claim. (True Answer)Correct
- 230 **Which of the following descriptions is a definition of the confirmation bias**?
 - tendency to seek out evidence that confirms a claim or belief, while ignoring evidence that contradicts or undermines the claim or belief (*True Answer*)Correct
 - belief that irrefutable or nonfalsifiable claims can be used to confirm the existence of pseudoscientific methods and practices *Incorrect*
 - tendency for subtle cues or signals, expressed by the researcher, to bias participants so that they attempt to confirm the hypothesis being tested *Incorrect*
 - belief that testimonials are the best type of empirical evidence to confirm pseudoscientific claims *Incorrect*
- 231 When questioned, advocates of pseudoscientific claims do not provide supporting scientific evidence but instead challenge you to disprove their claims. This strategy or ploy is called:
 - the single-blind technique. Incorrect
 - shifting the burden of proof. (True Answer)Correct
 - the "multiple outs" strategy. Incorrect
 - the double-blind technique. *Incorrect*
- 232 When Renate bought her memory-enhancing subliminal tapes she was pleased to read about a study that 1showed positive results. However, she ignored the evidence from many other studies that did not support the claims made for subliminal tapes. This example illustrates:
 - the effect of demand characteristics. Incorrect
 - critical thinking. Incorrect
 - the confirmation bias. (True Answer)Correct
 - the practice effect. Incorrect

- 233 When Brenda's son did not experience any of the claimed benefits from wearing a magnetic vest, she was told that magnets act differently on different body parts, that the vest might not have been properly secured, and that everyone's body reacts differently to magnet therapy. The therapist encouraged her to continue using the vest, saying that the healing effect would not be noticeable until her son had worn it longer. This example illustrates:
 - the use of "multiple outs." (True Answer)Correct
 - descriptive research methods. Incorrect
 - the practice effect. *Incorrect*
 - the effect of demand characteristics. Incorrect

234 **To bolster the credibility of their claims, pseudoscientists:**

- typically use lots of scientific jargon without scientific substance. (True Answer)Correct
- use the double-blind technique. Incorrect
- rely on empirical evidence. Incorrect
- apply experimental methods. *Incorrect*

235 \blacksquare A case study is a(n):

• in-depth investigation of a single individual or a small group of individuals, often involving information from a wide variety of sources. (True Answer)Correct

- method of determining whether an experiment reflects natural conditions. Incorrect
- survey involving only people who are likely to confirm the experimenter's hypothesis. Incorrect
- study involving multiple participants who all suffer from the same psychological problems and are given the same experimental treatment. Incorrect

236 **Case studies:**

 are commonly used by clinical psychologists and other mental health professionals to develop a complete profile of a psychotherapy client. (True Answer)Correct

- were popular when psychology was first founded but are almost never used today. Incorrect
- are not considered to be a legitimate form of scientific

evidence. Incorrect

• are the main scientific tool used to establish a cause-and-

effect relationship. Incorrect

- 237 **In** _____, information from multiple case studies is systematically combined and analyzed.
 - survey research Incorrect
 - naturalistic observation Incorrect
 - experimental research Incorrect
 - case-based research (True Answer)Correct

238 In case-based research, information from multiple ______ studies is systematically combined and analyzed.

- survey Incorrect
- correlational Incorrect
- experimental Incorrect
- case (True Answer)Correct

239 Which of the following statements is an important advantage of surveys?

• Surveys can be developed by people with no scientific training. *Incorrect*

• Researchers are able to gather information about a very large group of people based on a representative sample of that group. (*True Answer*)Correct

• The dependent variable is more easily manipulated than in formal experiments. *Incorrect*

• If there are more than 3,000 participants, the results are likely to be valid no matter how the participants were chosen. *Incorrect*

240 In survey research, the term *sample* refers to a(n):

- preliminary questionnaire that is used to develop the final survey. *Incorrect*
- carefully selected segment of the larger group that is to be studied. (*True Answer*)Correct
- small pilot study that is later repeated using a larger group of participants. *Incorrect*

• entire group of people the researchers want to study. *Incorrect*

241 A representative sample is a:

• group of participants that closely parallels the larger group to be studied on all relevant characteristics, such as age, sex, and race. (*True Answer*)Correct

- sample questionnaire that represents the most likely set of survey responses. *Incorrect*
- small group of volunteers who try to predict the survey results. *Incorrect*
- list of all the possible questions that might be represented on the final survey. *Incorrect*

242 **Sample is to population as** _____ is to _____.

- random selection; naturalistic observation Incorrect
- some; all (True Answer)Correct
- case study; survey Incorrect
- case study; multiple case study Incorrect
- 243 What process is used to make sure that survey participants are a representative sample of the population that is being studied?
 - double-blind selection Incorrect
 - single-blind selection Incorrect
 - random selection (True Answer)Correct
 - using only those participants who volunteer to be part of the study *Incorrect*
- 244 Professor Lyon decided to study food preferences of U.S. college students, so he asked his students to volunteer to
 - college students, so he asked his students to volunteer to participate in a lengthy survey. Professor Lyon's survey results are probably invalid because he did not use:
 - an operational definition. *Incorrect*
 - random selection. (True Answer)Correct
 - a valid hypothesis. Incorrect
 - independent and dependent variables. Incorrect
- 245 Control the nearly 6,000 people who participated in the National Survey of Sexual Health and Behavior (NSSHB), which is a survey on sexual behaviors:

• all had volunteered to be in the survey by responding to advertisements. *Incorrect*

- each was randomly assigned to the different experimental
- conditions in the study. Incorrect
- each was randomly selected from the entire U.S.
- population. (True Answer)Correct
- almost all were from either California or New York. *Incorrect*

246 **To ensure that participants are responding honestly and consistently, survey researchers:**

• usually withhold payment for participating in the survey until the person's answers have been independently checked and verified. *Incorrect*

- almost always interview the participants on two separate occasions using two different interviewers. *Incorrect*
- sometimes ask the same basic question at different points in the interview. (*True Answer*)Correct

• routinely check the participant's responses with the spouse or a friend of the participant. *Incorrect*

247 **One potential problem with surveys and questionnaires is that:**

- people may misrepresent their personal characteristics or lie in their responses. (*True Answer*)Correct
- random selection procedures are not possible with these forms of data collection. *Incorrect*
- expectancy effects usually invalidate the findings. Incorrect
- these techniques produce illusory correlations rather than true correlations. *Incorrect*

248 Researchers Craig Anderson and Karen Dill (2000) surveyed college students about their video game playing habits. What did the survey reveal?

• The average amount of time spent playing video games increased as students progressed from high school to college, with college students playing video games for six hours per week on average. *Incorrect*

• Although the average amount of time spent playing video games decreased as students progressed from high school to college, college students reported playing video games for more than two hours per week on average. (*True Answer*)Correct

• Playing video games causes a decrease in grade point average and an increase in aggressive personality

characteristics. Incorrect

• There was a strong positive correlation between the amount of time spent playing video games and academic achievement. *Incorrect*

- 249 Professor Nelson wishes to investigate the relationship between
 stress and visits to the college mental health clinic. Which of the following research methods would be most appropriate?
 - pseudoscientific research Incorrect
 - correlational study (True Answer)Correct
 - meta-analysis Incorrect
 - naturalistic experiment *Incorrect*

250 **A correlational study:**

- examines how strongly two variables are related to one another. (*True Answer*)Correct
- can be used to establish a cause-and-effect relationship. *Incorrect*
- is no longer allowed under today's ethical guidelines. *Incorrect*
- has little utility, since it is merely descriptive. Incorrect
- 251 **A correlation coefficient is a(n):**
 - numerical indicator of the strength and direction of a relationship between two factors. (*True Answer*)Correct
 - independent variable that is used in a correlational study. *Incorrect*
 - numerical indicator of the statistical significance of the findings in a particular research study. *Incorrect*
 - index of the practical rather than the statistical significance of research findings. *Incorrect*
- 252 Which of the following numbers is NOT a possible correlation coefficient?
 - +1.00 Incorrect
 - -.98 Incorrect
 - +1.72 (True Answer)Correct
 - +.54 Incorrect

- 253 **T** After conducting a statistical analysis of responses to a survey,
 - Professor Patterson finds a correlation of +2.36 between participation in sporting events and physical injuries. This finding indicates that:
 - Professor Patterson has made a serious error in calculating the correlation coefficient. (*True Answer*)Correct
 - a cause-and-effect relationship exists between participation in sporting events and physical injuries. *Incorrect*
 - as participation in sporting events increases, the risk of physical injury also increases. *Incorrect*
 - as participation in sporting events decreases, the risk of physical injury increases. *Incorrect*
- 254 Which of the following correlation coefficients represents the strongest relationship between two factors?
 - -.15 Incorrect
 - +.03 Incorrect
 - +.38 Incorrect
 - -.80 (True Answer)Correct
- 255 After analyzing her data, Professor Nelson discovers that a correlation coefficient of +.75 exists between the amount of coffee a person drinks and the degree of stress experienced. Professor Nelson can safely conclude that:
 - there is no relationship between stress and coffee consumption. *Incorrect*
 - stress causes people to drink coffee. Incorrect
 - as coffee consumption increases, stress also increases. (*True* Answer)Correct
 - drinking coffee produces stress. Incorrect
- 256 Your instructor notices that in many of his classes, the longer he lectures, the more student yawns he sees. This represents:
 - a positive correlation. (True Answer)Correct
 - a negative correlation. Incorrect
 - a cause-and-effect relationship. Incorrect
 - scientific proof that yawning is contagious. Incorrect

257 A study on parental use of corporal punishment found a
 relationship between parental socioeconomic status and use of corporal punishment. Put simply, as socioeconomic status declines, rates of parents' use of corporal punishment rise. This

finding represents a:

- cause-and-effect relationship. Incorrect
- positive correlation. Incorrect
- negative correlation. (True Answer)Correct
- classic example of an expectancy effect. Incorrect
- 258 A perfect positive correlation:
- is statistically impossible. Incorrect
 would mean that every time Factor A occurred, Factor B also occurred. (True Answer)Correct
 would mean that Factor A caused Factor B to occur. Incorrect
 would mean that every time Factor A occurred, Factor B did not occur. Incorrect

 259 E Positive correlation is to negative correlation as ______ is to ______.
 correlation coefficient; correlational study Incorrect

 1.00; 0.00 Incorrect
 variables moving in the same direction; variables moving in
 - opposite directions (*True Answer*)Correct
 variables moving in opposite directions; variables moving in
 - the same direction Incorrect
- 260 Professor Williams is investigating loneliness. Participants in the study complete the UCLA Loneliness Scale to measure their level of loneliness. They also answer questions on a survey about many aspects of their personal life. In analyzing the results of her study, Professor Williams finds that as the number of friends increases, the level of loneliness tends to decrease. This represents a _____ correlation.
 - positive Incorrect
 - negative (True Answer)Correct
 - spurious Incorrect
 - cause-and-effect *Incorrect*
- 261 Several correlational studies all point to the conclusion that the more time students spend playing violent video games, the lower their grade point average tends to be. This means that:

- playing violent video games causes low grades. Incorrect
- low grades cause students to play violent video games. *Incorrect*

• the researchers have discovered a negative correlation between playing violent video games and grade point average. (*True Answer*)Correct

• the researchers have discovered a positive correlation between playing violent video games and grade point average. *Incorrect*

262 Which of the following statements regarding correlational research is TRUE?

• Correlational research indicates causality in either a positive or a negative direction. *Incorrect*

You cannot use correlational research to draw conclusions about cause-and-effect relationships. (*True Answer*)Correct
Correlations can tell you about relations between two variables, but it is not pessible to make predictions begad upon

variables, but it is not possible to make predictions based upon correlational research. *Incorrect*

• Correlations are able to predict the cause-and-effect relationship between two or more variables. *Incorrect*

263 Correlational research is valuable because:

- one can discover meaningful cause-and-effect relationships when several correlations are examined collectively. *Incorrect*
- variables can be easily manipulated by the experimenter to yield effects of the variables. *Incorrect*
- correlations allow researchers to predict the cause of one variable's effect on another. *Incorrect*

• correlational research can be used to rule out some factors and identify others that merit more intensive study. (*True Answer*)Correct

²⁶⁴ The research method that is used to demonstrate a cause-andeffect relationship between changes in one variable and the effects on another variable is called the:

- descriptive method. Incorrect
- correlational method. Incorrect
- experimental method. (True Answer)Correct
- meta-analytic method. Incorrect

265 **Which of the following is a definition of the experimental** method?

research strategy that allows the precise conclusion of how strongly two factors are related to each other *Incorrect*method of study that involves an intensive, in-depth investigation of a single individual or small group of individuals *Incorrect*

• systematic observation and recording of behaviors as they occur in their natural setting *Incorrect*

• research method used to determine a cause-and-effect relationship between changes in one variable and the effect that is produced on another variable *(True Answer)Correct*

266 Researchers at State University wanted to test the hypothesis that distributed, or spaced, practice results in better retention of material than massed practice or cramming. To find out if there is a cause-and-effect relationship, the researcher should use:

- correlational research methods. Incorrect
- the experimental method. (True Answer)Correct
- naturalistic observation. Incorrect
- survey or questionnaire research. Incorrect

²⁶⁷ = In an experiment, the *independent variable* is the variable that is:

- affected by changes in the dependent variable. Incorrect
- unknown. Incorrect
- beyond the researcher's control, as it independently varies or changes over time. *Incorrect*

• deliberately manipulated by the researcher. (*True Answer*)Correct

268 In an experiment, the *dependent variable* is:

- always equivalent to zero. Incorrect
- the factor that is measured for change and is influenced by the independent variable. (*True Answer*)Correct
- measured only in the control group participants. *Incorrect*
- deliberately manipulated by the researcher. *Incorrect*

- 269 **Tester Researchers interested in how sleep deprivation affected**
 - performance randomly assigned participants to groups that had one, two, or three nights of sleep deprivation. Then they tested their reaction times on a standard motor reaction task. The dependent variable in this experiment was:
 - the amount of sleep deprivation each group was subjected to. *Incorrect*
 - how much sleep each group needed following the sleep deprivation experiment. *Incorrect*
 - the reaction times of the three groups on the standard motor reaction task. (*True Answer*)Correct
 - how often the participants fell asleep during the sleep deprivation phase of the experiment. *Incorrect*
- 270 In an experiment, the factor that is observed and measured for change and is thought to be influenced by the independent variable is called the:
 - extraneous variable. Incorrect
 - treatment variable. Incorrect
 - dependent variable. (True Answer)Correct
 - confounding variable. Incorrect
- 271 **Researchers at the Allied Mental Health Center are conducting** a study to determine how quickly symptoms of depression are reduced by different forms of psychotherapy. What is the independent variable in this study?
 - change in the symptoms of depression Incorrect
 - method used to recruit participants for the study Incorrect
 - form of psychotherapy used to treat depression (*True Answer*)Correct
 - cost of the study *Incorrect*
- 272 Professor Hebb is studying whether learning is affected by different environments. He raises some rats in cages with many interesting objects to play on and explore. Other rats are raised in isolated, barren cages with none of the interesting objects. Later, Hebb carefully records how many attempts it takes each rat to learn to run a maze with no mistakes. What is the independent variable in this study?
 - how many attempts it takes each rat to learn to run a maze *Incorrect*
 - being raised in an interesting or a barren environment (*True* Answer)Correct

- use of animals versus people Incorrect
- number of rats in the study *Incorrect*
- 273 Dr. Kiecolt-Glaser is a health psychologist studying whether stress impairs the body's ability to heal. In the highly stressful week before final exams, dental students are given an oral punch biopsy—a small sample of gum tissue is removed. The number of days for the oral wound to completely heal is recorded. The same dental students receive a second oral punch biopsy during summer vacation. Once again, the number of days until the oral wound completely healed was recorded. What is the independent variable in this study?
 - number of days for the oral wound to heal Incorrect
 - whether the oral wound was created during a high stress or low stress period (*True Answer*)Correct
 - whether the dental students were working or relaxing during the summer vacation *Incorrect*

• average number of hours of sleep the students experienced in the day immediately following the gum wound *Incorrect*

274 A health psychologist is conducting an experiment to investigate the notion that short-term psychological distress influences the immune system. Participants in the first group watched a 30minute film in which a carpenter and his assistant demonstrated how to build a deck for a house. Participants in the second group watched an almost identical film, except that during the last few minutes of the film, the carpenter slipped while operating an electric hand saw and cut off one of his assistant's fingers. Immediately after the film, blood samples were drawn from each subject and assessed for the number of disease-fighting white blood cells. What is the independent variable in this experiment?

• number of mistakes made by participants in recalling details of the film *Incorrect*

- level of immune system functioning in each group Incorrect
- number of white blood cells found in the blood samples taken from each group *Incorrect*

• exposure to the neutral film or to the film showing the accident (*True Answer*)Correct

275 **Dr.** Martinez is studying the effects of diet on mental alertness. Each morning for two weeks, participants in Dr. Martinez's

Each morning for two weeks, participants in Dr. Martinez's study eat a breakfast that is either high in carbohydrates or high in protein. Dr. Martinez then measures the participants' abilities to solve geometry problems. What is the dependent variable in this study?

- high carbohydrate versus high protein breakfast Incorrect
- length of the study (two weeks) Incorrect
- ability to solve geometry problems (True Answer)Correct
- Not enough information is provided in the question to determine the dependent variable. Incorrect

276 The factor or variable other than the ones being studied that, if not controlled, could affect the outcome of an experiment is the:

- independent variable. Incorrect
- extraneous variable. (True Answer)Correct
- dependent variable. Incorrect
- outcome variable. Incorrect
- 277 **While conducting research on intelligence, the experimenters** were very careful to control for unwanted variability in such factors as age, gender, ethnic background, socioeconomic status, and so on. They did this in order to avoid or minimize the influence of:
 - extraneous or confounding variables. (True Answer)Correct
 - dependent or outcome variables. Incorrect
 - demand characteristics. Incorrect
 - practice effects. Incorrect

278 **Researchers were interested in the effects of alcohol** consumption on the perceived attractiveness of members of the

- opposite sex. One group of participants was given 4 drinks containing alcohol, and another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic drinks tasted identical. Next, both groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Which of the following is the independent variable in this study?
 - alcohol consumption (True Answer)Correct
 - ratings on the attractiveness scale Incorrect
 - the taste of the drinks Incorrect
 - perceived attractiveness Incorrect

279 **Researchers were interested in the effects of alcohol** consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks

containing alcohol, another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic drinks tasted identical. A final group was given no drinks at all. Next, all three groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Which of the following is the dependent variable in this study?

- whether the drink contained alcohol or not Incorrect
- ratings on the attractiveness scale (True Answer)Correct
- the taste of the drinks Incorrect
- alcohol consumption Incorrect

280 In scientific research, experimental controls are:

• specific strategies and procedures to help minimize the possibility that extraneous variables will influence the outcome of the experiment. (*True Answer*)Correct

- the changes in the dependent variable attributable to the participants' beliefs or expectations. *Incorrect*
- the participants who are assigned to the control group. *Incorrect*

• the change in the independent variable that is a direct result of the manipulation of the dependent variable. *Incorrect*

- 281 In an experiment testing the effect of watching violent video games on aggressive behavior, researchers used specific strategies and procedures to help minimize the possibility that extraneous variables would influence the outcome of the experiment. These strategies are called:
 - demand characteristics. Incorrect
 - meta-analytical techniques. Incorrect
 - experimental controls. (True Answer)Correct
 - single-blind procedures. Incorrect
- 282 Researchers were interested in the effects of alcohol consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol, another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic drinks tasted identical. A final group was given no drinks at all. Next, all three groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Which group was the placebo

control group?

- group that did not receive any drinks Incorrect
- group that received 4 alcoholic drinks Incorrect
- group that received 4 nonalcoholic drinks (*True Answer*)Correct
- There was no placebo control group. Incorrect
- 283 In Dr. Foster's study, one group is given a new medication that is believed to reduce anxiety. Another group is given a medication that looks like the real medication but has none of the active ingredients in it to affect anxiety. In this experiment, the experimental group is the:
 - group that receives the new medication. (*True Answer*)Correct
 - group that receives the medication without the active ingredients. *Incorrect*
 - anxiety group. Incorrect
 - group without anxiety. *Incorrect*
- 284 **The experimental group is the group of:**
 - participants exposed to the dependent variable. Incorrect
 - participants exposed to the independent variable. (True
 - Answer)Correct
 - psychologists who are collaborating on an experiment. *Incorrect*
 - variables that require operational definitions. Incorrect
- 285 In a study on the effects of caffeine on memory, participants drank a bottle of tasteless water containing 100, 50, or 0 milligrams of caffeine. The participants assigned to the group that got bottled water with no caffeine represented the _____ in this study.
 - dependent variable Incorrect
 - placebo control group (True Answer)Correct
 - meta-analysis Incorrect
 - experimental group Incorrect
- 286 The purpose of using a placebo control group in an experiment is often to:

- measure the effects of the dependent variable. Incorrect
- dupe the subject into accepting the experiment's results. *Incorrect*
- control for expectancy effects. (True Answer)Correct
- persuade other researchers that the experiment is
- valid. Incorrect
- 287 The participants who are assigned to the group that receives a fake substance, treatment, or procedure that has no known direct effects are in the _____ group.
 - experimental *Incorrect*
 - extraneous Incorrect
 - placebo control (True Answer)Correct
 - practice Incorrect

288 **T** Researchers were interested in the effects of alcohol

- consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol, another group was given 4 drinks that did not contain alcohol, but both the alcoholic and nonalcoholic drinks tasted identical. A final group was given no drinks at all. Next, all three groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Why did the researchers include a group that drank 4 nonalcoholic beverages that tasted identical to the alcoholic beverages?
 - encourage practice effects Incorrect
 - examine expectancy effects (True Answer)Correct
 - eliminate random assignment Incorrect
 - manipulate demand characteristics Incorrect

289 **A placebo is:**

- a fake substance, treatment or procedure with no known direct effects. (*True Answer*)Correct
- the dependent variable in an experiment testing drug effects. *Incorrect*
- a statistical technique used to eliminate errors in measurement. *Incorrect*
- a drug that is supplied to the experimental groups. Incorrect

- 290 **I** In the ginkgo biloba experiment, some participants took the
 - manufacturer's recommended daily dosage of the supplement while others were given an identical dosage of a substance called the _____, which had no known direct effects.
 - treatment drug Incorrect
 - placebo (True Answer)Correct
 - double-blind substance Incorrect
 - extraneous substance *Incorrect*
- ²⁹¹ Placebo or expectancy effects
 - a change in a subject's behavior that is produced by the subject's beliefs and expectations rather than the actual drug, treatment, or procedure. (*True Answer*)Correct
 - the researcher's confidence in his or her findings. Incorrect
 - the instructions that are given to the research participants before the experiment begins. *Incorrect*
 - the results that the researcher expects to discover. *Incorrect*
- 292 **Random assignment refers to a procedure that:**
 - ensures that all participants have an equal chance of being assigned to any of the experimental conditions or groups. (*True Answer*)Correct
 - helps psychologists determine which factors should be defined as dependent variables. *Incorrect*
 - is used in statistics to determine whether results are random or simply due to chance. *Incorrect*
 - randomly assigns different procedures to different researchers in order to minimize experimenter bias. *Incorrect*
- 293 Iman experiment investigating the hypothesis that aerobic exercise improves concentration and memory, all the participants had an equal chance of being assigned to any of the three conditions in the study. The researchers have used ______ to minimize the possibility of bias when assigning participants to the different groups.
 - the practice effect Incorrect
 - random assignment (True Answer)Correct
 - the single-blind technique Incorrect
 - the double-blind technique Incorrect

- 294 **The astudy on the effects of caffeine on memory, participants**
 - drank a bottle of tasteless water containing 100, 50, or 0 milligrams of caffeine. Neither the researcher who handed out the bottled water nor the study participants knew whether the water contained caffeine or not. This is an example of a _____ study.
 - correlational Incorrect
 - case Incorrect
 - single-blind Incorrect
 - double-blind (True Answer)Correct

295 In a double-blind study:

• only the researcher knows which participants have been exposed to the independent variable. *Incorrect*

• both the researcher and the participants know whether the participants have been exposed to the independent variable. *Incorrect*

- the subject is blindfolded during treatment. Incorrect
- both the participants and the researcher who interacts with them are unaware of the treatment or condition to which the participants have been assigned. (*True Answer*)Correct
- 296 A study in which the researchers, but not the participants, are aware of the treatment or condition to which the participants have been assigned is called a _____ study.
 - single-blind (True Answer)Correct
 - pseudoscientific Incorrect
 - double-blind Incorrect
 - meta-analytical Incorrect
- 297 Paul Solomon and his colleagues investigated the effects of the herb ginkgo biloba on memory, concentration, and other mental tasks. All participants in the study took a battery of cognitive tests at the beginning and end of the six-week study. The results showed that the test scores increased about the same for the participants in the experimental group as for the participants in the placebo control group. How is this best explained?

• The researchers did not use a double-blind technique in the study, and therefore the results may have been influenced by demand characteristics. *Incorrect*

• Because the researchers failed to use random assignment, the

ginkgo biloba group may have had more "health conscious" participants than the placebo group, which may have biased the results. *Incorrect*

• From simply taking the cognitive tests twice, the participants in both groups experienced a practice effect that improved their test scores. (*True Answer*)Correct

• Because the test scores had improved by the end of the experiment, it can be concluded that ginkgo biloba significantly improves memory, alertness, concentration, and mental focus. *Incorrect*

298 The purpose of using a double-blind research design is to:

• guard against the possibility that the researcher will treat participants differently or communicate the behavior that is expected of the participants. (*True Answer*)Correct

• guard against the release of confidential information. *Incorrect*

- guarantee the anonymity of the participants. Incorrect
- determine which participants will be exposed to the dependent variable. *Incorrect*

299 In trying to make sense out of the unusual experimental results, Dr. Kling and Dr. Hunger carefully reviewed a video tape of the experimental assistant interacting with the research participants. "Look at that!" said Dr. Hunger as she pointed at the screen. "He's smiling as he hands the fake vitamins to the participants in the placebo control group, but he didn't smile when he handed the real vitamins to the participants in the experimental group." "Well," said Dr. Kling, shaking his head, "It looks like we'll have to invalidate the experiment because

the:

• experimental assistant was displaying demand characteristics." (*True Answer*)Correct

• requirement of random assignment has been violated." *Incorrect*

• research assistant changed the study from a single-blind study to a double-blind study." *Incorrect*

• research assistant forgot to debrief the participants before handing out the vitamins." *Incorrect*

300 I In a research study, subtle cues or signals expressed by the researcher can communicate the kind of response or behavior

that is expected from the participant. Such signals are called:

- practice effects. Incorrect
- demand characteristics. (True Answer)Correct
- main effects. *Incorrect*
- treatment effects. *Incorrect*

301 **In psychological research, the** *practice effect* refers to:

- the likelihood that researchers will improve in their interviewing techniques over time. *Incorrect*
- a change in performance of a task that is the result of mere repetition of a task. (*True Answer*)Correct
- the fact that skills that are well-practiced are more likely to decline when they are repeatedly measured. *Incorrect*

• a well-known technique for improving the memory of nonsense syllables or other meaningless stimuli. *Incorrect*

302 Researchers who tested whether ginkgo biloba improves memory and concentration were careful to control changes caused by other influences so they could be confident that the _____ could be attributed to the treatment variable.

- practice effect Incorrect
- main effect (*True Answer*)Correct
- expectancy effect Incorrect
- placebo effect Incorrect

303 Any change that can be directly attributed to the independent variable after controlling for other possible outcomes is called:

- the main effect. (True Answer)Correct
- the statistically significant effect. *Incorrect*
- a pseudoscientific effect. Incorrect
- a demand characteristic effect. Incorrect
- Researchers were interested in the effects of alcohol consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol, and another group was given no drinks at all. Next, both groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Which group was the control group?

- There was no control group. Incorrect
- the group given 4 alcoholic drinks Incorrect
- the group that was given no drinks (True Answer)Correct
- both groups were control groups Incorrect

305 Researchers were interested in the effects of alcohol consumption on the perceived attractiveness of members of the opposite sex. One group of participants was given 4 drinks containing alcohol and another group was given no drinks at all. Next, both groups of participants rated the attractiveness of members of the opposite sex by viewing pictures and rating attractiveness on a 1-to-10 scale. Why did the experimenters include a group that received no drinks?

- to examine demand characteristics Incorrect
- to encourage practice effects Incorrect
- to eliminate random assignment Incorrect
- to serve as a baseline for comparison against the experimental group (*True Answer*)Correct

306 The Crum and Langer hotel experiment, the participants were selected:

• because they were elderly people who believed that their health was "poor." *Incorrect*

• from the housekeeping staff at seven carefully matched hotels. (*True Answer*)Correct

• because they were elderly people who believed that their health was "excellent." *Incorrect*

• from undergraduate students in courses at Harvard University where they could earn extra credit for participating in research. *Incorrect*

307 The hypothesis in the Crum and Langer hotel experiment was that:

• elderly people, who were led to believe that their health was "poor," have more health problems than those who perceived their health was "excellent." *Incorrect*

• there was a positive correlation between perception of health and longevity. *Incorrect*

• changing a person's beliefs and perceptions about the exercise benefits of a particular activity would result in actual health benefits. (*True Answer*)Correct

• there was a negative correlation between perception of health

308 I In Crum and Langer's hotel experiment, the participants were:

- eighty-four female housekeeping staff at seven carefully matched hotels. (*True Answer*)Correct
- all undergraduate students in introductory psychology classes at Harvard University. *Incorrect*
- given either ginkgo biloba or a placebo depending on which group they were assigned to. *Incorrect*
- were all male employees selected from the administrative staff of seven carefully matched hotels. *Incorrect*
- 309 I In Crum and Langer's hotel experiment, the:
 - participants were assigned to either the ginkgo biloba group or the placebo condition. *Incorrect*
 - participants were randomly assigned on an individual basis to either the high exercise group or the low exercise group. *Incorrect*
 - hotels were randomly assigned to either the experimental or control condition, thus ensuring that all participants at a given hotel were in the same group. (*True Answer*)Correct
 - participants were assigned to either the "poor" health condition or the "excellent" health condition depending on their present perception of their health status. *Incorrect*
- 310 The participants in the Crum and Langer hotel experiment were not individually assigned to the experimental or control group. Instead, each hotel was randomly assigned to one of the two conditions. What was the reason for this?
 - There was a potential confounding variable because if the housekeeping staff at a particular hotel were assigned to two different conditions, they might talk to each other about what they had been told. (*True Answer*)Correct
 - The experimenters were trying to avoid the demand characteristics associated with recruiting participants for a natural experiment. *Incorrect*
 - The researchers wanted to avoid a potential confounding variable related to practice effects. *Incorrect*
 - There was a potential confounding variable because if the housekeeping staff at a particular hotel were assigned to two

different conditions there would be intense competition between them to improve productivity at the hotel. *Incorrect*

311 **In the Crum and Langer hotel experiment:**

• all the participants were told that the experimenters were interested in getting information on their health so that they could study ways to improve it. (*True Answer*)Correct

• half the participants were given the health supplement ginkgo biloba and the other half were given a placebo. *Incorrect*

• all the participants were told that the experimenters were interested in getting information on the working conditions at hotels so that they could study ways to improve safety and reduce injuries. *Incorrect*

• half the participants were led to believe they were in "poor" physical condition and half were led to believe they were in "excellent" physical condition. *Incorrect*

312 What was the independent variable in Crum and Langer's hotel experiment?

- being informed that housekeeping work was good exercise (*True Answer*)Correct
- being informed that housekeeping work was unhealthy and contributed to health problems *Incorrect*

• the amount of exercise each group engaged in outside their housekeeping jobs *Incorrect*

• how much weight the participants lost on average over the course of the study *Incorrect*

313 The participants assigned to the experimental group or condition in Crum and Langer's hotel experiment were:

- not informed that their housekeeping work was beneficial exercise. *Incorrect*
- exposed to the dependent variable. Incorrect
- informed that their housekeeping work was beneficial exercise. (*True Answer*)Correct

• led to believe that housekeeping work was unhealthy and contributed to health problems. *Incorrect*

- 314 The participants assigned to the control group or condition in Crum and Langer's hotel experiment were:
 - informed that their housekeeping work was beneficial exercise. *Incorrect*
 - exposed to the independent variable. Incorrect
 - not informed that their housekeeping work was beneficial exercise. (*True Answer*)Correct

• led to believe that housekeeping work was unhealthy and contributed to health problems. *Incorrect*

315 **•** At the conclusion of the Crum and Langer hotel experiment:

• the "informed" participants were given free memberships in the hotel's fitness club. *Incorrect*

• it was explained to all participants that the results of the experiment were conclusive; daily doses of ginkgo biloba were beneficial to health and well-being. *Incorrect*

• the "uninformed" participants were given free memberships in the hotel's fitness club. *Incorrect*

• all participants were debriefed, and were told about the actual hypothesis, and the purpose of the experiment was explained to them. (*True Answer*)Correct

- 316 In a study of children's reading abilities, one group of eightyear-olds is exposed to a new program that supposedly enhances literacy. Another group is taught with standard methods for teaching reading. Results of the study indicated that the children taught with the new program learned to read more complex material than did the group who were exposed to the standard teaching methods. In this study, the control group was the group that:
 - exposed to the new program. Incorrect
 - that developed he new program. Incorrect
 - that improved its reading abilities. Incorrect
 - that received the standard teaching methods. (*True Answer*)Correct

317 The purpose of the control group in an experiment is to:

- serve as a baseline to which changes in the experimental group can be compared. (*True Answer*)Correct
- provide substitute participants if people drop out of the

experiment. Incorrect

- ensure that ethical standards are maintained. Incorrect
- make sure that experimental procedures are correctly
- followed and that results are accurately reported. Incorrect

318 In an experiment, the control group is the group of:

- scientists who determine the value to be assigned to the independent variable. *Incorrect*
- administrators who determine whether a given procedure is ethical. *Incorrect*
- participants who are exposed to all experimental conditions, except the treatment variable. (*True Answer*)Correct
- participants who are exposed only to the dependent variable. *Incorrect*

319 **What constituted the dependent variable in Crum and Langer's** hotel experiment?

- being informed that housekeeping work was beneficial exercise *Incorrect*
- responses to questionnaires about exercise and diet and measures of physical health (*True Answer*)Correct
- not being informed that housekeeping was beneficial exercise *Incorrect*
- the degree of improvement in memory and concentration after taking either ginkgo biloba or a placebo *Incorrect*

320 The dependent measure(s) obtained in Crum and Langer's hotel experiment was (were):

• scores on a memory test and performance on a manual dexterity test. *Incorrect*

• questionnaire responses about health and diet and measures of physical health, including weight, percentage of body fat, blood pressure, and body mass index (BMI). (*True Answer*) *Correct*

• the average number of calories burned during a typical day of housekeeping activity. *Incorrect*

• being informed or not being informed about the beneficial health effects of housekeeping work. *Incorrect*

321 **During the month-long hotel experiment conducted by Crum** and Langer:

• hotel management confirmed that the workload of the housekeeping staff remained constant in both conditions throughout the study. (*True Answer*)Correct

• the workload of the staff in the experimental group was increased and the workload of the control group was correspondingly decreased. *Incorrect*

• the participants in the "informed group" tended to do much more exercise outside their jobs than did the "uninformed" group. *Incorrect*

• the experimental but not the control participants reported increased levels of fatigue due to their perception that work was exercise. *Incorrect*

322 The results of the Crum and Langer hotel experiment were that:

• the informed group participants showed significant improvements in all physical health measures except diastolic blood pressure. (*True Answer*)Correct

• none of the participants benefited from perceiving housekeeping work as exercise. *Incorrect*

• those who perceived housekeeping work as exercise (informed group) reported higher levels of fatigue than the uninformed group. *Incorrect*

• the uninformed group participants showed significant improvements in all physical health measures including diastolic blood pressure. *Incorrect*

323 The results of Crum and Langer's hotel experiment:

• were contradicted by the results of correlational research based on a student survey about health, diet, and exercise and personality measures. *Incorrect*

• had little impact because the statistical analysis was flawed. *Incorrect*

• provided additional support for the idea that people's beliefs and expectations can have a powerful influence. (*True Answer*) *Correct*

• were discounted because the evidence was purely correlational. *Incorrect*

324 \blacksquare \blacksquare In combination, the ginkgo biloba experiment and the hotel experiment demonstrated that:

• people's beliefs and expectations can have a significant influence on behavior and well-being. (True Answer)Correct • demand characteristics and expectancy effects contributed to the main effects in both studies. Incorrect taking ginkgo biloba in combination with exercise has proven health benefits. Incorrect housekeeping work in most hotels is unhealthy and contributes to physical ailments such as chronic back pain, but that ginkgo biloba can help prevent such illnesses. Incorrect

325 How did Crum and Langer formally report the findings of their hotel experiment about the effect of perceiving work as exercise?

> • They appeared on the television news program 60 Minutes. Incorrect

- They held a news conference at the Housekeeping Association of America's annual convention. Incorrect
- They were interviewed, and their study was described in the "Science" section of The New York Times. Incorrect
- They wrote up the study, and it was published in Psychological Science. (True Answer)Correct

326 **The Crum and Langer's hotel experiment was that:**

• members of the informed group might have engaged in more exercise, eaten healthier foods, and so on, after being told about the benefits of exercise even though they reported no changes in their behavior. (True Answer)Correct

• there was no control group used in the experiment. *Incorrect*

• because it was not a double-blind, placebo-controlled study, the results are invalid. Incorrect

• members of the uninformed or control group might have engaged in more exercise, eaten healthier foods, and so on, after being told about the benefits of exercise even though they reported no changes in their behavior. Incorrect

- 327 Experiments can provide important information, but they also have limitations. Which of the following is one of the limitations
 - discussed in textbook?

• Experiments are often conducted in highly controlled

laboratory environments and thus may have little to do with actual behavior. (*True Answer*)Correct

- Experimental results cannot be used to establish a cause-andeffect relationship between two variables. *Incorrect*
- Experiments are excellent at describing a phenomenon but cannot be used to make predictions. *Incorrect*

• For ethical reasons, only animals can be experimental participants, and conclusions may not be relevant to human behavior. *Incorrect*

328 Limitations of the experimental method include which of the following?

- It may not be feasible to establish a cause-and-effect relationship. *Incorrect*
- It may not be ethical or possible to experimentally investigate some issues. (*True Answer*)Correct
- Cultural factors cannot be studied experimentally. Incorrect
- Because the participants are "blind" to the experimental conditions, they are unable to give informed consent. *Incorrect*

329 The results of experiments conducted in the laboratory may not well, meaning that the results cannot be applied to realworld situations or to more general populations beyond the participants in the study.

- replicate Incorrect
- generalize (True Answer)Correct
- duplicate Incorrect
- internalize Incorrect
- 330 A study investigating the effects of a naturally occurring event on the research participants is known as:
 - a correlational research. *Incorrect*
 - a case study research. Incorrect
 - the double-blind technique. Incorrect
 - a natural experiment. (True Answer)Correct
- **331 A natural experiment is a study that:**
 - investigates the effects of a naturally occurring event on the research participants. (*True Answer*)Correct
 - involves the systematic observation and recording of

behaviors as they occur in their natural setting. *Incorrect*uses a questionnaire or interview to investigate the opinions, behaviors, or characteristics of a particular group. *Incorrect*involves the intensive, in-depth investigation of a single individual or small group of individuals. *Incorrect*

- 332 After the dictatorship ended in Slobonia, many children were found in state-run orphanages where they had been badly treated and often neglected. These children were placed for adoption and researchers followed their progress over a number of years, measuring psychological and physical indicators of well-being. This type of research is called:
 - unethical because the children were subject to abuse before the researchers did any measurements. *Incorrect*
 - a natural experiment. (True Answer)Correct
 - a comparative psychology experiment. Incorrect
 - pseudoscientific research. Incorrect

333 In one natural experiment investigating weight gain during the first year of college, it was found that:

> • male students assigned to dormitories with food service reported eating more meals and more snacks, but did not report gaining weight. (*True Answer*)Correct

• female students assigned to dormitories with food service reported eating more meals and more snacks, but did not report gaining weight. *Incorrect*

• male students who were assigned to dormitories with on-site dining facilities gained more weight and exercised less than students who were assigned to dormitories without food services. *Incorrect*

• living near on-site dining facilities did not influence weight gain for male or female students. *Incorrect*

334 In one natural experiment investigating weight gain during the first year of college, it was found that:

> • female students assigned to dormitories with food service reported eating more meals and more snacks but did not report gaining weight. *Incorrect*

• male students who were assigned to dormitories with on-site dining facilities gained more weight and exercised less than students who were assigned to dormitories without food services. *Incorrect*

• female students who were assigned to dormitories with onsite dining facilities gained more weight and exercised less than students who were assigned to dormitories without food services. (*True Answer*)Correct

• living near on-site dining facilities did not influence weight gain for male or female students. *Incorrect*

- 335 Six-year-old Gary couldn't stop throwing up after being hit on his head. To help detect possible damage or brain swelling, doctors took a detailed image of the boy's brain structures using a powerful, non-invasive technique that involves harmless magnetic fields. What instrument was used?
 - PET scanner Incorrect
 - electroconvulsive therapy (ECT) instrument Incorrect
 - transcranial magnetic stimulation (TMS) Incorrect
 - MRI scanner (True Answer)Correct
- 336 Which of the following techniques or instruments generates color-coded images of the brain's activity by tracking a small amount of radioactively tagged glucose that is injected into the person's bloodstream?
 - transcranial magnetic stimulation (TMS) Incorrect
 - electroconvulsive therapy (ECT) Incorrect
 - magnetic resonance imaging (MRI) Incorrect
 - positron emission tomography (PET) (True Answer)Correct

337 **Functional magnetic resonance imaging (fMRI):**

- combines the ability to produce a detailed image of the brain's structures with the capacity to track the brain's activity and functioning. (*True Answer*)Correct
- involves injecting the participant with a radioactively tagged compound, such as glucose, that is tracked as it is used in different brain regions. *Incorrect*
- is limited because the participant cannot be repeatedly scanned. *Incorrect*
- produces brain images that are not as sharp as and are much less detailed than those produced by PET scans. *Incorrect*
- 338 To identify which brain areas are most active when a person suffering from schizophrenia has hallucinations, researchers could use a(n) _____ scan to track the use of radioactively tagged glucose throughout the brain.

- MRI Incorrect
- PET (True Answer)Correct
- fMRI Incorrect
- ECT Incorrect
- 339 Dr. Gomez wanted to investigate the effects of nicotine on the activity of the brain. Because she did not want to expose people to radioactivity or use any invasive procedures to measure brain activity, Dr. Gomez chose to use _____ for her measures of brain activity.
 - the double-blind technique (DBT) Incorrect
 - PET scans Incorrect
 - transcranial magnetic stimulation (TMS) Incorrect
 - functional MRI (fMRI) scans (True Answer)Correct
- 340 **When comparing fMRIs to PET scans, you can see that:**
 - PET scans provide a much sharper picture than fMRIs. *Incorrect*
 - PET scans use less radioactive glucose than fMRIs. Incorrect
 - fMRIs provide a picture of brain activity averaged over seconds rather than the several minutes that PET scans require. (*True Answer*)Correct
 - PET scans can be used to study the details of much smaller brain structures than fMRIs. *Incorrect*
- 341 You and your co-researchers want to compare the brain structures of musically gifted young adolescents with those of a closely matched control group of normal, nonmusical adolescents using a noninvasive technique. You and your colleagues are conducting a(n) _____ brain imaging study, and will use _____ to study the details of the brain structures.
 - experimental; PET scanning Incorrect
 - descriptive; electroconvulsive therapy (ECT) Incorrect
 - experimental; transcranial magnetic stimulation (TMS) *Incorrect*

• descriptive; magnetic resonance imaging (MRI) (*True Answer*)Correct

- 342 Which of the follow statements was NOT discussed in the Chapter 1 'Focus on Neuroscience' feature as a potential
 - Chapter 1 'Focus on Neuroscience' feature as a potential limitation of brain imaging studies?
 - Because the participants in the brain-imaging studies usually

have some type of brain damage, it is difficult to draw conclusions about the functioning of the healthy, intact human brain. (*True Answer*)Correct

• Because brain-imaging research tends to involve small groups of participants, caution must be exercised in generalizing results to a wider population. *Incorrect*

• If a psychological process is complex, it is much less likely that brain imaging will identify a specific brain region uniquely associated with that psychological process. *Incorrect*

• Knowing that a particular psychological process activates a particular brain area does not necessarily further the explanation or understanding of the psychological process. *Incorrect*

343 According to the Focus on Neuroscience "Psychological Research Using Brain Imaging," which of the following statements is a potential limitation of brain imaging?

• It is now considered unethical to use these techniques on humans, only animal studies are permitted. *Incorrect*

• Brain-imaging studies usually involve a small number of participants and tend to focus on simple aspects of behavior. (*True Answer*)Correct

• All brain-imaging studies use invasive procedures and radioactive substances and are potentially harmful to participants. *Incorrect*

• Because brain-imagining techniques use correlational methods, they cannot be used to determine precise associations between brain activity and psychological functions. *Incorrect*

344 In accordance with the APA Ethical Guidelines, at the conclusion of the Crum and Langer hotel study, the participants would have been:

• interviewed by two clinical psychologists to ensure that no psychological harm had occurred. *Incorrect*

• allowed to see the complete list of participants and the experimental conditions to which they were assigned. *Incorrect*

debriefed and the actual hypothesis and procedures involved

in the study explained to them. (*True Answer*)Correct
given a free one-year supply of ginkgo biloba and a free

membership in the health club of their choice. Incorrect

345 Under the American Psychological Association's ethical code for psychologists, psychological researchers:

- must respect the dignity and welfare of the research participants. (*True Answer*)Correct
- must consult each participant's family doctor. Incorrect
- are never allowed to deceive research participants. Incorrect
- can identify research participants by name, but only in professional journals. *Incorrect*

346 The ethical requirement of informed consent means that:

• all participants must read and approve any written reports of the research results before they are published. *Incorrect*

• participants must be completely informed about the purpose and conditions of the research, and must be free to withdraw from the research at any time. (*True Answer*)Correct

• research participants must agree not to divulge any information about the nature of the study to any outside party. *Incorrect*

• once the participants have agreed to participate in the study, they may not withdraw for any reason other than medical necessity. *Incorrect*

347 **Deception in psychology experiments:**

• has not been allowed since the 1960s when participants in Stanley Milgram's obedience study were not told beforehand that they would have to use electric shock to punish the "learner" every time the "learner" made a mistake. *Incorrect*

• is still allowed when it is not feasible to use alternatives that do not involve deception, and when the potential findings justify its use because of the scientific, educational, or applied value. (*True Answer*)Correct

• is expressly forbidden by the provisions in the 2002 APA ethical guidelines and regulations. *Incorrect*

- is allowed under the 2002 APA ethical guidelines without any restrictions or conditions. *Incorrect*
- 348 Section 12 Psychologists can use deception techniques as part of a study
 only when certain conditions have been met. Which statement is one of these conditions?
 - Studies with nonhuman animals have demonstrated the importance of the research to humans. *Incorrect*
 - It is not feasible to use alternatives that do not involve

deception. (True Answer)Correct

- The researchers have ensured the confidentiality of
- identifiable information about the participants. Incorrect
- There are significant factors that would influence the
- person's willingness to participate in the research. Incorrect
- 349 **Conce** a person has agreed to participate in a research study as a subject:
 - the person is obligated to stay in the study until its conclusion. *Incorrect*
 - the person gives up his or her right to confidentiality of information. *Incorrect*
 - deception may be used since the person has agreed to the research participation. *Incorrect*
 - the person is still free to withdraw from the research at any time. (*True Answer*)Correct
- 350 Juanita participated in a psychology research project that involved solving a number of arithmetic problems. During the experiment, she was informed that her solutions were incorrect. After the experiment was completed, a research assistant explained the purpose of the experiment. He told Juanita that she had actually answered all items correctly, and then explained why the experiment required that she be told that her answers were wrong. This stage of the research represents:
 - informed consent. Incorrect
 - confidentiality. Incorrect
 - debriefing. (True Answer)Correct
 - voluntary participation. Incorrect
- 351 **Ethical standards for animal research in psychology:**
 - are identical to the standards for research using human participants. *Incorrect*
 - are nonexistent. *Incorrect*
 - are set by the American Psychological Association and by state and federal laws. (*True Answer*)Correct
 - apply only to research using monkeys and chimps. Incorrect
- 352 Of the psychological studies conducted in the United States that use animals, which animals are most commonly used?
 - rats, mice, or other rodents (True Answer)Correct

- chimps or gorillas *Incorrect*
- pigeons or sparrows Incorrect
- dogs and cats Incorrect

353 **Psychology research using animals as research participants:**

• is much more common than research using humans as participants. *Incorrect*

• has contributed to the understanding of memory, stress, and psychological disorders and their treatment. (*True Answer*)Correct

• almost always involves exposing the animals to pain or suffering. *Incorrect*

• almost always involves the use of monkeys or chimpanzees. *Incorrect*

354 What percentage of psychological studies in any given year involves nonhuman animals as participants?

- 90 percent Incorrect
- 70 percent Incorrect
- 50 percent Incorrect
- less than 10 percent (True Answer)Correct

355 The branch of psychology that focuses on the study of the behavior of different animal species is called:

- evolutionary psychology. Incorrect
- comparative psychology. (True Answer)Correct
- experimental psychology. Incorrect
- biological psychology. Incorrect
- 356 Which of the following statements is NOT one of the reasons that animals are used in psychological research?

• There are many similarities between human and animal behavior. *Incorrect*

• It is often easier to study changes over the lifespan with nonhuman animals. *Incorrect*

• Research with nonhuman animal research is not subject to ethical rules and guidelines. (*True Answer*)Correct

• The results may promote the quality of life for zoo animals and the survival of endangered species in the wild. *Incorrect*

357 How might the different goals of media and science clash?

• Media reporters are more likely to objectively report research findings than are the scientists who discovered them. *Incorrect*

• Scientists are more interested in taking personal credit for new discoveries, while media reporters are more interested in the discoveries themselves. *Incorrect*

• Media reporters are often more interested in attracting viewers or listeners than accurately portraying scientific findings. (*True Answer*)Correct

• Media reporters are likely to have different political goals than scientists. *Incorrect*

358 Anecdotal evidence:

• is more reliable than data generated by artificial laboratory experiments. *Incorrect*

• consists of telling personal stories to support a particular claim. (*True Answer*)Correct

- is essentially the same as conducting a survey. Incorrect
- typically involves large groups of randomly selected research participants. *Incorrect*

359 According to the Enhancing Well-Being with Psychology feature at the end of Chapter 1, which of the following statements is TRUE?

• Testimonials from people who have actually used a psychology-related product, such as a hypnosis tape, represent strong evidence that a product is effective. *Incorrect*

• You would be wise to assume that your life experiences are identical to those of the vast majority of people. *Incorrect*

• You can trust the accuracy of a newspaper or magazine report of psychological findings as long as it is a well-known publication. *Incorrect*

• Correlational studies are often reported in the mass media with the implication that a cause-and-effect relationship exists. (*True Answer*)Correct

360 A news article about psychological research on sex differences in the rates of major depression noted that the research was originally reported in *Psychological Science*, a journal published by the American Psychological Society. Knowing this, you can safely assume that the:

• study was probably reviewed by other psychologists with expertise in research methods before the study was accepted for publication. (*True Answer*)Correct

• reporter read the published study before interviewing the researchers. *Incorrect*

• researchers paid to have the study published in a professional journal. *Incorrect*

• news article is reporting the results of the study in an unbiased, even-handed manner. *Incorrect*

361 In critically evaluating a media report about a psychological finding or study, you should:

• always remember that the terms *correlation* and *causality* mean the same thing. *Incorrect*

• look for the elements of good research design, including operational definitions of the variables and the use of control groups. (*True Answer*)Correct

• remember that some of the most compelling scientific evidence is anecdotal evidence. *Incorrect*

• assume that the reporter understands all the details of the study. *Incorrect*

362 According to the Enhancing Well-Being with Psychology
 feature, when psychological research is reported in the mass media, which of the following criteria is a good indicator of credibility?

• the specific location where the research was conducted *Incorrect*

- the professional journal in which the research was originally published (*True Answer*)Correct
- whether the research was supported by a government grant *Incorrect*
- the number of participants who participated in the study *Incorrect*
- 363 **Today, psychology is formally defined as the scientific study of behavior and mental processes.**
 - True (True Answer)
 - False

- 364 More than 2,000 years ago, the Greek philosopher Aristotle wrote extensively about psychological topics such as sleep, dreams, the senses, and memory.
 - True (True Answer)
 - False
- 365 René Descartes promoted a doctrine called *interactive monism*, an idea that the mind and the body are one entity that produces sensations, emotions, and other conscious experiences.
 - True
 - False (True Answer)
- **Barrier Psychology's definition has not changed since it was founded as a science in the late nineteenth century.**
 - True
 - False (True Answer)
- 367 **Psychologists today have abandoned the nature–nurture debate** and concluded that the environment is responsible for behavior.
 - True
 - False (True Answer)
- **368** For centuries, philosophers debated which was more important: the inborn *nature* of the individual or the environmental influences that *nurture* the individual.
 - True (True Answer)
 - False
- **369** Many of the issues that are central to contemporary psychology have been debated for hundreds of years.
 - True (True Answer)
 - False
- 370 **The established science most responsible for the emergence of psychology as a scientific discipline was physiology.**
 - True (True Answer)
 - False
- 371 Physiology is a branch of biology that studies the functions and parts of living organisms, including humans.
 - True (True Answer)
 - False

- 372 *Physiology* is sometimes referred to as the "third force" in American psychology.
 - True
 - False (True Answer)

373 **Physiology** is the idea that mind and body are separate entities.

- True
- False (*True Answer*)
- **374** The event that marked the formal beginning of psychology as a separate experimental science occurred when William James taught the first course in psychology at Harvard University in the early 1870s.
 - True
 - False (True Answer)
- 375 Wilhelm Wundt wrote a landmark textbook titled *Principles of Physiological Psychology* in the 1870s that promoted his belief that psychology should be established as a separate scientific discipline.
 - True (True Answer)
 - False
- 376 Wilhelm Wundt defined psychology as the study of consciousness and emphasized the use of experimental methods to study and measure consciousness.
 - True (True Answer)
 - False
- 377 **The first major school of thought in psychology was called structuralism.**
 - True (True Answer)
 - False
- 378 The school of thought in psychology called structuralism held that even our most complex conscious experiences could be broken down into elemental structures of conscious thought.
 - True (True Answer)
 - False

- **Edward B. Titchener at Cornell University opened the first** psychology research laboratory.
 - True
 - False (*True Answer*)
- 380 Williams James's book titled *Principles of Psychology* provided the basis for the development of a new school of psychology called behaviorism.
 - True
 - False (True Answer)
- 381 Charles Darwin was the author of the landmark book on evolution *On the Origin of Species*.
 - True (True Answer)
 - False
- 382 Charles Darwin's book *On the Origin of Species* had a profound effect on William James and influenced his ideas about the importance of adaptation to environmental changes.
 - True (True Answer)
 - False
- 383 **Edward B. Titchener departed from Wilhelm Wundt's position** regarding consciousness and developed his own ideas on the nature of psychology, which he called functionalism.
 - True
 - False (True Answer)
- 384 William James developed the technique called introspection as a way for people to tap into their unconscious.
 - True
 - False (True Answer)
- 385 Introspection was not a good method for psychology to use because this method could not be used to study a variety of complex topics, such as learning, development, and personality.
 - True (True Answer)
 - False
- **Both the functionalists and the structuralists thought that** psychology should focus on the study of conscious experiences.
 - True (True Answer)

- False 387 _ William James played a key role in helping to establish psychology in the United States. • True (True Answer) • False 388 Followers of the school of functionalism strongly favored a scientific method called introspection and emphasized studying the most basic components of conscious experience. • True • False (True Answer) 389 Like behaviorists, functionalists were opposed to having psychology study consciousness or conscious experience. • True • False (True Answer) 390 William James's writings were the basis for a new school of psychology called functionalism. • True (True Answer) False
 - Whereas structuralists were concerned with the study of conscious experiences, functionalists abandoned the study of conscious experiences, favoring the study of overt measurable behavior.
 - True
 - False (True Answer)
 - **Both G. Stanley Hall and Mary Whiton Calkins were German** psychologists who were originally students of Wilhelm Wundt.
 - True
 - False (True Answer)
 - 393 Mary Whiton Calkins was the first woman president of the American Psychological Association and the author of a comprehensive textbook on psychology.
 - True (True Answer)
 - False

- **394** Harvard University awarded Mary Whiton Calkins her Ph.D., but only after William James intervened on her behalf.
 - True
 - False (True Answer)
- 395 Harvard University refused to award Mary Whiton Calkins her Ph.D. in psychology because she was a woman and at that time Harvard was not a coeducational institution.
 - True (True Answer)
 - False
- 396 **The first American woman to earn a Ph.D. in psychology and the second woman to be elected president of the American Psychological Association was Margaret Floy Washburn.**
 - True (True Answer)
 - False
- **397** Francis C. Sumner was the first African American to earn a Ph.D. in psychology.
 - True (True Answer)
 - False
- 398 According to Freud, glimpses of unconscious impulses were revealed in everyday life in dreams, memory blocks, and slips of the tongue.
 - True (*True Answer*)
 - False
- **399 Despite repeated invitations from William James and others, Sigmund Freud refused to visit the United States.**
 - True
 - False (*True Answer*)
- 400 Psychoanalysis emphasized the role of early childhood experience and unconscious conflicts in the development of personality.
 - True (True Answer)
 - False
- 401 **Because his ideas were so controversial in this country,** Sigmund Freud was refused a visa to visit the United States.
 - True

- False (*True Answer*)
- 402 Ivan Pavlov demonstrated that dogs could learn to associate a neutral stimulus, such as the sound of a bell, with an automatic response, such as reflexively salivating to food.
 - True (True Answer)
 - False
- 403 John B. Watson believed that conscious processes were worthy of study for psychology and promoted the use of introspection as a technique for studying such processes.
 - True
 - False (*True Answer*)
- 404 At the turn of the twentieth century, Ivan Pavlov founded developmental psychology with his pioneering studies of infants and young children.
 - True
 - False (True Answer)
- 405 Like earlier psychologists, Watson and the behaviorists focused on the study of mental processes and conscious experience.
 - True
 - False (True Answer)
- 406 A young, dynamic psychologist named John Watson said, "Behaviorism, on the contrary, holds that the subject matter of human psychology is the behavior of the human being. Behaviorism claims that consciousness is neither a definite nor a usable concept. The behaviorist, who has been trained always as an experimentalist, holds, further, that belief in the existence of consciousness goes back to the ancient days of superstition and magic."
 - True (True Answer)
 - False
- 407 In compelling experimental demonstrations, B. F. Skinner systematically used reinforcement or punishment to shape the behavior of rats and pigeons.
 - True (True Answer)
 - False
- 408 John Watson and B. F. Skinner were two important American psychologists associated with the school of behaviorism.

- True (True Answer)
- False
- 409 **The goal of psychologists Abraham Maslow and Carl Rogers** was to discover the fundamental principles of learning.
 - True
 - False (True Answer)
- 410 Rejecting the study of conscious experience, Carl Rogers and Abraham Maslow were behaviorists who emphasized the importance of observable behaviors.
 - True
 - False (True Answer)
- 411 Because humanistic psychology was distinctly different from both psychoanalysis and behaviorism, it was sometimes referred to as the "third force" in American psychology.
 - True (True Answer)
 - False
- 412 Humanistic psychology was largely founded by the American psychologist B. F. Skinner.
 - True
 - False (True Answer)
- 413 Carl Rogers emphasized the conscious experiences of his patients, including each person's unique potential for psychological growth and self-direction.
 - True (True Answer)
 - False
- 414 Abraham Maslow, a humanistic psychologist, developed a theory of motivation that emphasized psychological growth.
 - True (True Answer)
 - False
- 415 Like psychoanalysis, humanistic psychology included influential theories of personality and a form of psychotherapy.
 - True (True Answer)
 - False

- 416 **Today's psychologists tend to identify themselves with a** particular perspective in psychology according to the psychological topics that they investigate and the specialty area in which they have been trained.
 - True (True Answer)
 - False
- 417 Although the biological perspective was important when psychology was first founded, it is of little interest in contemporary psychology.
 - True
 - False (*True Answer*)
- 418 The success of new medications in the treatment of psychological disorders increased interest in the biological perspective of psychology.
 - True (True Answer)
 - False
- 419 Neuroscience, an area within the biological perspective, emphasizes the importance of the brain and the nervous system in explaining people's behavior.
 - True (True Answer)
 - False
- 420 Cognitive psychology developed as a reaction against the use of computers in science and industry.
 - True
 - False (True Answer)
- 421 Watson and Skinner led "the cognitive revolution" and returned psychology to the study of mental processes.
 - True
 - False (*True Answer*)
- 422 The behavioral perspective of psychology focuses on how behavior is acquired through unconscious influences and early childhood experiences.
 - True
 - False (True Answer)
- 423 The humanistic perspective of psychology focuses on the motivation of people to grow psychologically.

- True (True Answer)
- False
- 424 • Positive psychology is a field of psychological research that focuses on the study of positive psychological states, positive individual traits, and social institutions that foster these qualities in individuals and communities.
 - True (True Answer)
 - False

425 Positive psychology focuses on developing therapeutic techniques that increase personal well-being rather than just alleviating the troubling symptoms of psychological disorders.

- True (True Answer)
- False
- 426 Cognitive psychologists did not agree with the behavioral perspective in psychology because cognitive psychologists thought that it was important to investigate how mental processes influence behavior.
 - True (True Answer)
 - False
- 427 A cognitive psychologist might use a computer metaphor for human memory, suggesting that long-term memory is like the hard drive and short-term memory is like RAM.
 - True (True Answer)
 - False
- 428 The emergence of the cognitive perspective in psychology in the 1960s represented a return to psychology's historical roots by focusing on how mental processes influence behavior.
 - True (True Answer)
 - False
- 429 The development of the first computers in the 1950s was a contributing factor to the cognitive revolution in psychology.
 - True (True Answer)
 - False
- 430 Psychologists who work in the behavioral perspective tend to emphasize environmental influences on behavior, particularly behavior that can be directly observed and measured.
 - True (True Answer)

• False

431	Carl Rogers and Abraham Maslow emphasized how unconscious processes could be the cause of serious psychological problems.
	 True False (<i>True Answer</i>)
432	 Cross-cultural psychologists have found that Chinese individuals worked harder on a task when they were alone compared to when they worked in groups. True False (<i>True Answer</i>)
433	Cross-cultural psychologists have found that there are absolutely no psychological processes that are shared by all humans. • True
	• False (True Answer)
434	 Culture is a broad term that refers to the attitudes, values, beliefs, and behaviors shared by a group of people and communicated from one generation to another. True (<i>True Answer</i>) False
435	Norms of social behavior are virtually identical in all developed countries.
	 True False (<i>True Answer</i>)
436 😱	When the term <i>culture</i> is broadly defined, about 4,000 different cultures can be said to exist in the world today.
	 True (True Answer) False
437 😱 🖷	 Studying the differences among various cultures that exist in the world today and examining their influence on behavior are fundamental goals of cross-cultural psychology. True (<i>True Answer</i>) False

- 438 Collectivistic cultures are cultures that stress individual goals and achievements over the goals and achievements of the group.
 - True
 - False (True Answer)
- 439 **To promote greater tolerance and acceptance of cultural differences, ethnocentrism should be encouraged.**
 - True
 - False (*True Answer*)
- 440 Individualistic cultures emphasize the importance of the individual in meeting the needs and the goals of the cultural group.
 - True
 - False (*True Answer*)
- 441 Ethnocentrism is the use of our own culture as the standard for judging other cultures.
 - True (True Answer)
 - False
- 442 Cultural norms are unwritten rules of behavior that are acted on with little thought once they have been learned and internalized.
 - True (True Answer)
 - False
- 443 **It is a universal cultural norm that infants and toddlers are not routinely supposed to sleep in the same bed as their parents.**
 - True
 - False (True Answer)
- 444 Many cultures are neither completely individualistic nor completely collectivistic, but fall somewhere between the two extremes.
 - True (True Answer)
 - False
- 445 Biological psychology refers to the application of the principles of evolution to explain psychological processes and phenomena.
 - True
 - False (True Answer)

- 446 **Evolutionary psychology is most interested in the evolution of the unconscious into consciousness.**
 - True
 - False (True Answer)
- 447 According to proponents of evolutionary psychology, psychological processes that helped individuals adapt to their environment also helped them to survive, reproduce, and pass on those psychological mechanisms to their offspring.
 - True (True Answer)
 - False
- 448 System Psychologists who take the evolutionary perspective apply the principles of evolution, including natural selection, to explain psychological processes and phenomena.
 - True (True Answer)
 - False
- 449 Sychologists who work in the evolutionary perspective study the effects of culture on behavior and mental processes.
 - True
 - False (True Answer)
- 450 Evolutionary psychologists emphasize studying the physical bases of human and animal behavior, including the nervous system, endocrine system, immune system, and genetics.
 - True
 - False (True Answer)
- 451 According to the evolutionary perspective, psychological processes that were adaptations to a prehistoric way of life may continue to exist in the human behavioral repertoire today.
 - True (True Answer)
 - False
- 452 Psychologists have concluded that it is impossible to apply the principle of natural selection to psychological processes.
 - True
 - False (True Answer)
- 453 According to one of the pie charts in Chapter 1, among psychologists who recently received their doctorate, most chose

"clinical psychology" as their specialty area.

- True (True Answer)
- False
- 454 According to one of the pie charts in Chapter 1, the most common employment setting for psychologists is working for the federal government.
 - True
 - False (*True Answer*)
- 455 Biological psychologists study the relationship between psychological processes and the body's physical systems, including the brain and the rest of the nervous system, the endocrine system, the immune system, and genetics.
 - True (True Answer)
 - False
- 456 Biological psychology, also known as biopsychology, was formerly called physiological psychology.
 - True (True Answer)
 - False
- 457 **Dr. Rice studies the causes, diagnosis, treatment, and** prevention of different types of behavioral and emotional disorders, such as anxiety, mood, and eating disorders. She is most likely a clinical psychologist.
 - True (True Answer)
 - False
- 458 Cognitive psychologists primarily investigate the social, psychological, and physical changes that occur at different ages and stages of the lifespan, from conception to death.
 - True
 - False (True Answer)
- 459 **Dr. Bremmer investigates mental processes, including** reasoning and thinking, problem solving, memory, perception, memory, and language. Dr. Bremmer is a cognitive psychologist.
 - True (True Answer)
 - False

- 460 Counseling psychology helps people of all ages adjust, adapt, and cope with personal and interpersonal problems in diverse areas such as relationships, work, education, marriage, child rearing, and aging.
 - True (True Answer)
 - False
- 461 **Educational psychology is a specialty area in psychology that studies how people of all ages learn. It is also concerned with developing instructional methods and material used to train people.**
 - True (True Answer)
 - False
- 462 Educational psychologists use psychological theory and knowledge to enhance athletic performance, motivation, and consistency.
 - True
 - False (True Answer)
- 463 Experimental psychology is a term used to describe research focused on basic psychological topics such as sensory and perceptual processes, learning, emotion, and motivation.
 - True (True Answer)
 - False
- 464 Educational psychology is a specialty area that investigates research focused on basic psychological topics such as sensory and perceptual processes, learning, emotion, and motivation.
 - True
 - False (True Answer)
- 465 The specialty area which studies the physical, social, and psychological changes that occur at different ages and stages of the lifespan, from conception to old age is developmental psychology.
 - True (True Answer)
 - False
- 466 Forensic psychology applies psychological principles and techniques to legal issues, such as the assessment and treatment of offenders, mental competency to stand trial, child custody, jury selection, and eyewitness testimony.
 - True (True Answer)

- False
- 467 Rehabilitation psychology focuses on the role of psychological factors in the development, prevention, and treatment of illness and includes such areas as stress and coping, the relationship between psychological factors and physical health, and ways of promoting health-enhancing behaviors.
 - True
 - False (True Answer)
- 468 The specialty area that applies psychological knowledge to helping people with chronic and disabling health conditions adapt to their situation and attain optimal psychological, interpersonal, and physical functioning is called health psychology.
 - True
 - False (True Answer)
- 469 A psychologist who studies worker productivity, job satisfaction, or the interaction between people and equipment is most likely an industrial/organizational psychologist.
 - True (True Answer)
 - False
- 470 **Personality psychologists study individual differences in people** and the characteristics that make each person unique.
 - True (True Answer)
 - False
- 471 Developmental psychologists study the physical, social, and psychological changes that occur throughout the lifespan, from conception to death.
 - True (True Answer)
 - False
- 472 In his research, Dr. Klein explores how people are affected by their social environments. He is particularly interested in helping behavior, conformity, obedience, prejudice, and aggression. Dr. Klein is a social psychologist.
 - True (True Answer)
 - False
- 473 Sports psychology uses psychological theory and knowledge to enhance athletic motivation, performance, and consistency.

- True (True Answer)
- False
- 474 School psychologists provide a variety of psychological services to children, adolescents, and families in public and private schools.
 - True (True Answer)
 - False
- 475 All psychologists are automatically health psychologists because they are trained to administer psychotherapy to people with mental disorders.
 - True
 - False (True Answer)
- 476 Clinical psychologists study people with psychological disorders while psychiatrists actually treat them.
 - True
 - False (True Answer)
- 477 A clinical psychologist holds a doctorate in psychology whereas a psychiatrist holds a medical degree.
 - True (True Answer)
 - False
- 478 Psychologists in New Mexico and Louisiana can qualify for prescription privileges if they complete additional coursework and supervised clinical training.
 - True (True Answer)
 - False
- 479 All psychiatrists and clinical psychologists can prescribe medications and treat mental illness with a variety of medical procedures.
 - True
 - False (True Answer)
- 480 A clinical psychologist can hospitalize people and order biomedical therapies, such as transcranial magnetic stimulation (TMS) or electroconvulsive therapy (ECT).
 - True
 - False (True Answer)

- 481 Because there are so few psychiatrists in the state, North Dakota became the first state in the nation to pass legislation authorizing properly trained psychologists to prescribe for medications for psychological symptoms.
 - True
 - False (True Answer)
- 482 The four basic goals of psychology are to (1) describe, (2) explain, (3) predict, and (4) influence behavior.
 - True (True Answer)
 - False
- 483 As scientists, psychologists are guided by several attitudes, including being open-minded, maintaining a healthy sense of scientific skepticism, and critically evaluating the evidence for new findings.
 - True (True Answer)
 - False
- 484 In striving to identify and understand consistent patterns of behavior, psychologists are *skeptical*. That is, they are willing to consider new or alternative explanations of behavior and mental processes.
 - True
 - False (True Answer)
- 485 In striving to identify and understand consistent patterns of behavior, psychologists are *open-minded*. That is, they are willing to consider new or alternative explanations of behavior and mental processes.
 - True (True Answer)
 - False
- 486 **Psychologists' open-minded attitude is tempered by a healthy** sense of *scientific skepticism*. That is, psychologists critically evaluate the evidence for new findings, especially those that seem contrary to established knowledge.
 - True (True Answer)
 - False
- 487 **Psychologists' open-minded attitude is tempered by a healthy sense of** *scientific intuition.* That is, psychologists critically evaluate the evidence for new findings, especially those that seem contrary to established knowledge.

- True
- False (True Answer)
- 488 **Psychologists assume that behavior and mental processes follow consistent patterns.**
 - True (True Answer)
 - False

489 The scientific method is rarely used in psychology, as psychologists value "common sense," subjective experience, and expert opinions more highly than so-called empirical evidence.

- True
- False (True Answer)
- 490 A hypothesis is a tentative explanation that tries to integrate and account for the relationship of various findings and observations.
 - True
 - False (True Answer)
- 491 An operational definition defines a variable in terms of how it is to be measured, manipulated, or changed.
 - True (True Answer)
 - False
- 492 Critical thinkers are aware of their own biases and assumptions.
 - True (True Answer)
 - False
- 493 The critical thinker first draws conclusions and then evaluates the evidence for the conclusions.
 - True
 - False (True Answer)
- 494 A critical thinker can assume other perspectives that are fundamentally different from his or her own.
 - True (True Answer)
 - False
- 495 Most critical thinkers try to boil down an issue into its simplest components, frequently reducing a complex issue to an

either/or kind of proposition.

- True
- False (True Answer)
- 496 • When a critical thinker is asking herself, "What evidence supports this claim?" she is demonstrating a healthy sense of skepticism.
 - True (True Answer)
 - False
- 497 **•** If a finding is statistically significant, it is likely that the result is due to chance.
 - True
 - False (True Answer)
- 498 A statistical technique called meta-analysis is used to analyze the results of many studies on a single topic.
 - True (True Answer)
 - False
- 499 Once a theory is proven through statistics, it becomes a widely accepted, unchanging psychological "law."
 - True
 - False (True Answer)
- 500 **Replication of research findings increases confidence in the accuracy of the findings.**
 - True (True Answer)
 - False
- 501 **A hypothesis is to a question as a theory is to a model.**
 - True (True Answer)
 - False
- 502 **Descriptive methods are research strategies for observing and describing behavior.**
 - True (True Answer)
 - False

- 503 **Descriptive research methods are research methods that can be used to demonstrate a cause-and-effect relationship, but not correlational associations.**
 - True
 - False (True Answer)
- 504 **The basic goal of naturalistic observation is to do an in-depth** study of a single individual's behavior.
 - True
 - False (True Answer)
- 505 **Researchers using naturalistic observation try not to be** detected by their participants since detection might interfere with the naturally occurring behavior.
 - True (True Answer)
 - False
- 506 **Descriptive methods include correlational studies, case studies, surveys, and naturalistic observation.**
 - True (True Answer)
 - False

507 **The word** *pseudo* means "rare" or "unusual."

- True
- False (True Answer)
- 508 A pseudoscience is a theory, method, or practice that promotes claims in ways that appear scientific even though supporting empirical evidence is lacking or nonexistent.
 - True (True Answer)
 - False
- 509 Magnet therapy is the practice of applying magnets to the body to supposedly treat various conditions and ailments.
 - True (True Answer)
 - False
- 510 Magnet therapy has been shown to be very effective in treating various ailments and conditions.
 - True
 - False (True Answer)

- 511 The use of anecdotes or testimonials is a common strategy in promoting pseudoscientific claims.
 - True (True Answer)
 - False
- 512 Proponents of pseudoscience frequently use scientific jargon without scientific substance to promote their claims.
 - True (True Answer)
 - False
- 513 Mixing bits of established scientific knowledge with completely unfounded claims is a common strategy used to promote pseudoscience.
 - True (True Answer)
 - False
- 514 An irrefutable or nonfalsifiable claim is one that can be proven or tested empirically.
 - True
 - False (True Answer)
- 515 The confirmation bias is the tendency to seek out evidence that confirms a claim or belief, while ignoring evidence that contradicts or undermines the claim or belief.
 - True (True Answer)
 - False
- 516 The confirmation bias refers to the empirical or scientific evidence that is used to confirm or support pseudoscientific claims.
 - True
 - False (True Answer)
- 517 In science, the responsibility for proving the validity of a claim rests with those making the claim.
 - True (True Answer)
 - False
- 518 Pseudoscientists often claim that the responsibility for proving or disproving the validity of their claims rests with the skeptics, not with them.
 - True (True Answer)

- False
- 519 • When pseudoscientists fail to deliver on their promises, they invariably offer a variety of excuses, a strategy called "multiple outs."
 - True (True Answer)
 - False
- 520 **Carl Sagan stated that "extraordinary claims require** extraordinary evidence."
 - True (True Answer)
 - False
- 521 **The case study method is often used to help develop a profile of a psychotherapy client.**
 - True (True Answer)
 - False
- 522 **Psychological records, medical records, and even school records may be examined in a case study.**
 - True (True Answer)
 - False
- 523 In *case-based research*, information from multiple correlational studies is systematically combined and analyzed.
 - True
 - False (True Answer)
- 524 In *case-based research*, information from multiple case studies is systematically combined and analyzed.
 - True (True Answer)
 - False
- 525 One advantage offered by survey research is that information can be gathered from a large group of people about the cause and effect of some phenomenon.
 - True
 - False (*True Answer*)
- 526 **For survey results to apply to a particular group, every person** within that group must respond to the survey questionnaire.

- True
- False (True Answer)
- 527 A sample is always representative of the population from which it is taken.
 - True
 - False (*True Answer*)
- 528 A representative sample very closely matches the population from which it is drawn.
 - True (True Answer)
 - False
- 529 Random selection is a process in which participants are selected randomly from a larger group such that every group member has an equal chance of being included in the study.
 - True (True Answer)
 - False
- 530 • Of the nearly 6,000 people who participated in the National Survey of Sexual Health and Behavior (NSSHB), which is a survey on sexual behaviors, each was randomly selected from the entire U.S. population.
 - True (True Answer)
 - False
- 531 In their survey of how much time young people spent playing video games, psychologists Craig Anderson and Karen Dill used random selection to create a representative sample of American youth.
 - True
 - False (*True Answer*)
- 532 A correlation coefficient always falls in the range from -1.00 to +1.00.
 - True (True Answer)
 - False
- 533 A recent meta-analysis found a moderately strong correlation between parental socioeconomic status and use of corporal punishment. The correlation revealed that as parental level of socioeconomic status increased, rates of parents' use of corporal punishment decreased. This finding represents a negative

correlation.

- True (True Answer)
- False
- 534 Several correlational studies all point to the same basic conclusion: the more time students spend playing violent video games, the lower their grade point average tends to be. This means that low grades cause students to play violent video games.
 - True
 - False (*True Answer*)
- 535 Compared to a correlation of -.60, a correlation of +.60 represents a relationship between two factors that is twice as strong.
 - True
 - False (True Answer)
- 536 • A negative correlation is one in which both factors decrease together.
 - True
 - False (True Answer)
- 537 Even though correlational research cannot be used to establish a cause-and-effect relationship, correlational research can be used to make meaningful predictions.
 - True (True Answer)
 - False
- 538 Increased number of hours watching television is associated with decreased grades on school tests. This finding represents a positive correlation.
 - True
 - False (True Answer)
- 539 A positive correlation reflects a cause-and-effect relationship between two variables, while a negative correlation indicates the absence of a cause-and-effect relationship between the variables.
 - True
 - False (True Answer)

- 540 **If a perfect positive correlation of +1.00 occurs, it means that as factor A increases, factor B always decreases.**
 - True
 - False (True Answer)
- 541 Even if two factors are very strongly correlated, correlation does NOT necessarily indicate causality.
 - True (True Answer)
 - False
- 542 The experimental method is a research method used to demonstrate cause-and-effect relationships by purposely manipulating one factor thought to produce change in another factor.
 - True (True Answer)
 - False
- 543 Independent variable is to dependent variable as deliberately varied is to measured.
 - True (True Answer)
 - False

544 The dependent variable is the factor that is observed and measured for change in an experiment and is thought to be influenced by the independent variable.

- True (True Answer)
- False
- 545 In an experiment, the independent variable is the purposely manipulated factor thought to produce change in the dependent variable.
 - True (True Answer)
 - False
- 546 In an experiment, the group of participants who are exposed to all the experimental conditions, including the independent variable, is called the experimental group or experimental condition.
 - True (True Answer)
 - False

547 **The dependent variable is also called the treatment variable.**

- True
- False (*True Answer*)
- 548 Extraneous variables are factors other than the ones being studied that, if not controlled, could affect the outcome of the experiment.
 - True (True Answer)
 - False
- 549 Experimental controls are specific strategies and procedures that help minimize the possibility that extraneous variables or some other uncontrolled factor will influence the outcome of the experiment.
 - True (True Answer)
 - False
- 550 The experimental group (or experimental condition) is the group of participants who are exposed to all experimental conditions, including the independent variable or treatment variable.
 - True (True Answer)
 - False
- 551 The placebo control group is a control group in which participants are exposed to a fake independent variable, or placebo.
 - True (True Answer)
 - False
- 552 The effects of the placebo are compared to the effects of the actual independent variable on the experimental group. This group serves as a check for practice effects and expectancy effects.
 - True (True Answer)
 - False
- 553 A placebo is a fake and inert substance, procedure, or treatment that has no known direct effects.
 - True (True Answer)
 - False
- 554 **Expectancy effects are the same things as demand characteristics.**
 - True

- False (*True Answer*)
- 555 The placebo effect is any change attributed to a person's beliefs and expectations rather than the actual drug, treatment, or procedure.
 - True (True Answer)
 - False

556 **The placebo effect is also called the expectancy effect.**

- True (True Answer)
- False
- 557 **Random assignment means that all participants in the study** have an equal chance of being assigned to any of the groups or conditions in an experiment.
 - True (True Answer)
 - False
- 558 **Random assignment helps ensure that potential differences** among participants are spread out across all experimental conditions.
 - True (True Answer)
 - False
- 559 A single-blind technique is one in which neither the participants nor the researcher interacting with the participants is aware of the group or condition to which each participant has been assigned.
 - True
 - False (*True Answer*)
- 560 In a double-blind study, neither the researcher nor the participant is aware of the experimental condition to which the participant is assigned.
 - True (True Answer)
 - False
- 561 **Extraneous variables are also called confounding variables.**
 - True (True Answer)
 - False

- 562 In the gingko biloba experiment, the participants in both the experimental group and the placebo control group improved on the cognitive tests because of a practice effect.
 - True (True Answer)
 - False
- 563 The double-blind technique is used to guard against the possibility that the researcher will display subtle cues or signals that communicate what is expected from the participants.
 - True (True Answer)
 - False
- 564 The purpose of the double-blind technique is to guard against the possibility that the researcher will inadvertently display expectancy effects.
 - True
 - False (True Answer)
- 565 The purpose of the double-blind technique is to guard against the possibility that the researcher will inadvertently become an extraneous or confounding variable and display demand characteristics.
 - True (True Answer)
 - False
- 566 In a double-blind experiment, participants are both blindfolded and placed in a sound-proof chamber.
 - True
 - False (True Answer)
- 567 The experimental technique in which the researchers, but not the participants, are aware of the critical information about the experiment is called the double-blind technique.
 - True
 - False (*True Answer*)
- 568 In a research study, subtle cues or signals expressed by the researcher that communicate the kind of response or behavior that is expected from the participant are referred to as practice effects.
 - True
 - False (True Answer)

- 569 Any change in performance that results from mere repetition of a task is called a demand characteristic.
 - True
 - False (True Answer)
- 570 The control group (or control condition) is the group of participants who are exposed to all experimental conditions, except the independent variable or treatment variable, and against which changes in the experimental group are compared.
 - True (True Answer)
 - False
- 571 Participants in the control group receive none of the experimental conditions except the independent variable or treatment variable.
 - True
 - False (*True Answer*)
- 572 Any change that can be directly attributed to the independent variable after controlling for other possible outcomes is called the main effect.
 - True (True Answer)
 - False
- 573 If an experiment is conducted properly, a control group is unnecessary.
 - True
 - False (True Answer)
- 574 In the Crum and Langer hotel experiment, the participants were selected from the housekeeping staff at seven carefully matched hotels.
 - True (True Answer)
 - False
- 575 In the Crum and Langer hotel experiment, the participants were selected because they were elderly people who believed that their health was "excellent."
 - True
 - False (True Answer)
- 576 The hypothesis in the Crum and Langer hotel experiment was that elderly people who were led to believe that their health was "poor" would have more health problems than those who

perceived their health as "excellent."

- True
- False (True Answer)
- 577 The hypothesis in the Crum and Langer hotel experiment was that changing a person's beliefs and perceptions about the exercise benefits of a particular activity would result in actual health benefits.
 - True (True Answer)
 - False
- 578 In Crum and Langer's hotel experiment, the participants were 84 female housekeeping staff at seven carefully matched hotels.
 - True (True Answer)
 - False
- 579 In Crum and Langer's hotel experiment, the participants were randomly assigned on an individual basis to either the high exercise group or the low exercise group.
 - True
 - False (True Answer)
- 580 The participants in the Crum and Langer hotel experiment were not individually assigned to the experimental or control group but instead each hotel was randomly assigned to one of the two conditions.
 - True (True Answer)
 - False
- 581 In the Crum and Langer hotel experiment, half the participants were given the health supplement ginkgo biloba and the other half were given a placebo.
 - True
 - False (*True Answer*)
- 582 In the hotel experiment by Crum and Langer, half the participants were led to believe they were in "poor" physical and mental condition and the other half were led to believe they were in "excellent" physical and mental condition.
 - True
 - False (True Answer)

- 583 The independent variable in Crum and Langer's hotel experiment was being informed that housekeeping work was good exercise.
 - True (True Answer)
 - False
- 584 The independent variable in Crum and Langer's hotel experiment was being informed that housekeeping work was unhealthy and contributed to health problems.
 - True
 - False (True Answer)
- 585 **The participants assigned to the experimental group or condition in Crum and Langer's hotel experiment were informed that their housekeeping work was beneficial exercise.**
 - True (True Answer)
 - False
- 586 The participants assigned to the control group or condition in Crum and Langer's hotel experiment were not informed that their housekeeping work was beneficial exercise.
 - True (True Answer)
 - False
- 587 The participants assigned to the control group or condition in Crum and Langer's hotel experiment were led to believe that housekeeping work was unhealthy and contributed to health problems.
 - True
 - False (*True Answer*)
- 588 At the conclusion of the Crum and Langer hotel experiment, all participants were debriefed and were told about the actual hypothesis, and the purpose of the experiment was explained to them.
 - True (True Answer)
 - False
- 589 In Crum and Langer's hotel experiment, responses to questionnaires about exercise and diet and measures of physical health constituted the dependent variable.
 - True (True Answer)
 - False

- 590 **The dependent variable in the hotel experiment was the degree** of improvement in memory and concentration after taking either ginkgo biloba or a placebo.
 - True
 - False (True Answer)
- 591 In accordance with the APA Ethical Guidelines, at the conclusion of the Crum and Langer hotel study, the participants would have been debriefed and the actual hypothesis and procedures involved in the study explained to them.
 - True (True Answer)
 - False
- 592 The dependent measures obtained in Crum and Langer's hotel experiment were questionnaire responses about health and diet and measures of physical health, including weight, percentage of body fat, blood pressure, and body mass index (BMI).
 - True (True Answer)
 - False
- 593 **During the month-long hotel experiment conducted by Crum** and Langer, hotel management confirmed that the workload of the housekeeping staff remained constant in both conditions throughout the study.
 - True (True Answer)
 - False
- 594 At the conclusion of the Crum and Langer hotel experiment, the "informed" participants were given free memberships in the hotel's fitness club.
 - True
 - False (True Answer)
- 595 The results of the Crum and Langer hotel experiment were that the informed group participants showed significant improvements in all physical health measures except diastolic blood pressure.
 - True (True Answer)
 - False
- 596 Crum and Langer reported that none of the participants benefited from perceiving housekeeping work as exercise, and also that those in the informed group reported higher levels of fatigue than the uninformed group.

- True
- False (True Answer)
- 597 The results of Crum and Langer's hotel experiment were contradicted by the results of correlational research based on a student survey about health, diet, and exercise and personality measures.
 - True
 - False (True Answer)
- 598 The results of Crum and Langer's hotel experiment provided additional support for the idea that people's beliefs and expectations can have a powerful influence.
 - True (True Answer)
 - False
- 599 In combination, the ginkgo biloba experiment and the hotel experiment demonstrate that people's beliefs and expectations can have a significant influence on behavior and well-being.
 - True (True Answer)
 - False
- 600 In combination, the ginkgo biloba experiment and the hotel experiment showed conclusively that taking ginkgo biloba in combination with exercise has proven health benefits.
 - True
 - False (True Answer)
- 601 Crum and Langer formally reported the findings of their hotel experiment about the effect of perceiving work as exercise in *Psychological Science*.
 - True (True Answer)
 - False
- 602 One criticism of Crum and Langer's hotel experiment was that members of the informed group might have engaged in more exercise, eaten healthier foods, and so on after being told about the benefits of exercise even though they reported no changes in their behavior.
 - True (True Answer)
 - False
- 603 Experiments can provide important information, but they also have limitations.

- True (True Answer)
- False
- 604 • One limitation of the experimental method is that experiments are often conducted in highly controlled laboratory environments and thus may have little to do with actual behavior.
 - True (True Answer)
 - False
- 605 A potential limitation of the experimental method is that experimental results cannot be used to establish a cause-andeffect relationship between two variables.
 - True
 - False (True Answer)
- 606 A disadvantage of the experimental method is that results obtained in an artificial, well-controlled environment may not generalize well to everyday life.
 - True (True Answer)
 - False
- 607 The results of experiments conducted in the laboratory may not *generalize* well, meaning that the results cannot be applied to real-world situations or to more general populations beyond the participants in the study.
 - True (True Answer)
 - False
- 608 The results of experiments conducted in the laboratory may not *replicate* well, meaning that the results cannot be applied to real-world situations or to more general populations beyond the participants in the study.
 - True
 - False (True Answer)
- 609 A natural experiment is a study investigating the effects of a naturally occurring event on the research participants.
 - True (True Answer)
 - False
- 610 In one natural experiment investigating weight-gain during the first year of college, it was found that male students assigned to dormitories with food service reported eating more meals and

more snacks, but they did not report gaining weight.

- True (True Answer)
- False
- 611 In one natural experiment investigating weight-gain during the first year of college, it was found that female students assigned to dormitories with food service reported eating more meals and more snacks, but they did not report gaining weight.
 - True
 - False (*True Answer*)
- 612 In one natural experiment investigating weight-gain during the first year of college, it was found that female students who were assigned to dormitories with on-site dining facilities gained more weight and exercised less than students who were assigned to dormitories without food services.
 - True (True Answer)
 - False
- 613 In one natural experiment investigating weight-gain during the first year of college, it was found that male students who were assigned to dormitories with on-site dining facilities gained more weight and exercised less than students who were assigned to dormitories without food services.
 - True
 - False (True Answer)
- 614 **Positron emission tomography (PET) is an invasive imaging** technique that provides color-coded images of brain activity by tracking the brain's use of a radioactively tagged compound, such as glucose, oxygen, or other substances.
 - True (True Answer)
 - False
- 615 A noninvasive technique that produces detailed images of the brain using electromagnetic signals generated by the brain in response to magnetic fields is called magnetic resonance imaging (MRI).
 - True (True Answer)
 - False
- 616 **Transcranial magnetic stimulation (TMS) is one type of brainimaging technology discussed in Focus on Neuroscience, along**

with MRI, fMRI, and PET scans.

- True
- False (True Answer)
- 617 Functional magnetic resonance imaging (fMRI) is a noninvasive procedure that produces detailed images of the brain using electromagnetic signals that track changes in metabolic activity.
 - True (True Answer)
 - False
- 618 Magnetic resonance imaging (MRI) is an invasive imaging technique that provides color-coded images of brain activity by tracking the brain's use of a radioactively tagged compound, such as glucose, oxygen, or other substances.
 - True
 - False (True Answer)
- 619 Brain-imaging techniques, such as PET scans, MRI, and fMRI, provide extremely accurate and detailed images of the brain and have virtually no known limitations.
 - True
 - False (True Answer)
- 620 Some limitations of brain-imaging studies discussed in Focus on Neuroscience include the fact that they typically involve a small number of participants and that they tend to focus on simple aspects of behavior.
 - True (True Answer)
 - False
- 621 The idea that brain imaging may add little to explanations of psychological processes and are not necessarily more "scientific" than other approaches psychologists take are two of the limitations listed in Focus on Neuroscience.
 - True (True Answer)
 - False
- 622 Students who are enrolled in a psychology class can be forced to participate in experiments and other types of research as part of the course requirements.
 - True
 - False (True Answer)

- 623 The use of deception in psychology experiments has been banned by the American Psychological Association since the 1960s.
 - True
 - False (True Answer)
- 624 If a student is enrolled in a psychology class, then it is unnecessary to obtain an informed consent from the person if he or she is taking part in an experiment that is a requirement of the class.
 - True
 - False (*True Answer*)
- 625 • When a student participates as a research subject to fulfill a course requirement, the student must be given a choice of an alternative activity to fulfill the course requirement.
 - True (True Answer)
 - False
- - True (True Answer)
 - False
- 627 Researchers adhere to ethical guidelines by allowing students who don't want to participate in an experiment the option of choosing a different activity to fulfill the class requirement or to get extra credit.
 - True (True Answer)
 - False
- 628 Psychologists Craig Anderson and Karen Dill violated basic research ethics by exposing students to the harmful effects of video games.
 - True
 - False (*True Answer*)
- 629 Comparative psychology is the branch of psychology that studies the behavior of different animal species.
 - True (True Answer)
 - False

- 630 **Comparative psychology studies the behavior of children and adults and compares their differences over the lifespan.**
 - True
 - False (*True Answer*)
- 631 Nonhuman animal participants are used in the vast majority of psychological studies conducted each year in this country.
 - True
 - False (*True Answer*)
- 632 Although the American Psychological Association publishes guidelines governing the treatment of humans in psychological research, it does not have similar guidelines governing the use of animals in psychological research.
 - True
 - False (*True Answer*)
- 633 Apes and monkeys are, by far, the most commonly used nonhuman animals in psychological research in the United States.
 - True
 - False (True Answer)
- 634 Using nonhuman animal participants in research studies allows psychologists to exert a much higher degree of control over the experimental participants' environment than when human participants are involved.
 - True (True Answer)
 - False
- 635 If the research cannot be done with humans, then it is also not ethical to use nonhuman animals.
 - True
 - False (*True Answer*)
- 636 Anecdotal evidence is one of the strongest forms of scientific evidence.
 - True
 - False (True Answer)
- 637 If the original source of a professional publication of a study is noted in a television or magazine report, you can be completely confident the findings of the study are valid and accurate.

- True
- False (True Answer)
- 638 A common problem in trying to evaluate psychology research presented in the mass media is that reporters often want to boil complex psychological studies down to a 10-second sound bite.
 - True (True Answer)
 - False
- 639 In evaluating psychological research presented in the mass media, it is important to look for the elements of good research design, including control groups, operational definitions of the variables being studied, and randomly assigning participants to the study conditions.
 - True (True Answer)
 - False
- 640 **If the words link, association, relationship, or connection appear in the headlines describing a psychological study, most likely the study being described is a correlational study.**
 - True (True Answer)
 - False
- 641 In evaluating psychological research presented in the mass media, it is important to remember that the words correlation and causality mean the same thing.
 - True
 - False (True Answer)
- 642 **Skepticism is the rule, not the exception, in science.**
 - True (True Answer)
 - False
- 643 **Edward Titchener is associated with which early approach or** "school" of psychology?
 - behaviorism Incorrect
 - structuralism (True Answer)Correct
 - functionalism Incorrect
 - psychoanalysis Incorrect

644 **Mary Whiton Calkins:**

• founded the first psychology laboratory in America at Yale University. *Incorrect*

• studied with Sigmund Freud and became the first female psychoanalyst in the United States. *Incorrect*

• is best known for her pioneering research on comparative psychology and her book *The Animal Mind*. *Incorrect*

• conducted research on personality, dreams, and memory, and was the first woman elected president of the American Psychological Association. (*True Answer*)Correct

- 645 **Professor Diaz is studying the development of the human brain** from infancy to early adulthood. She takes the _____ perspective and her specialty area is _____ psychology.
 - humanistic; social Incorrect
 - evolutionary; cognitive Incorrect
 - behavioral; social Incorrect
 - biological; developmental (True Answer)Correct

646 A collectivistic culture is one in which:

- individual achievements are highly valued. Incorrect
- a person's social behavior is influenced more by individual preference than cultural values and norms. *Incorrect*

• a person's individual preferences and goals are considered to be more important than the requirements and goals of his or her social group. *Incorrect*

• great importance is placed on following established tradition and customs. (*True Answer*)Correct

- - empirical (True Answer)Correct
 - pseudoscientific Incorrect
 - operational *Incorrect*
 - dependent Incorrect

648 Professor Wallace studied over 3,000 elderly individuals for a decade and found a statistically significant relationship between survival rate and number of close friends. Specifically, he found that elderly individuals with few close friends had a much higher death rate. To say that the results of his study are "statistically significant" means that:

- the finding has great practical value and significance. *Incorrect*
- there is a cause-and-effect relationship between the two variables. *Incorrect*
- the finding does not have to be replicated to be accepted by the scientific community. *Incorrect*
- the results are unlikely to have occurred by chance. (*True* Answer)Correct
- - naturalistic observation (True Answer)Correct
 - a survey Incorrect
 - the case study method Incorrect
 - a representative sample *Incorrect*
- 650 In an online survey, people were asked if they would cheat on their partner if there was no chance of getting caught. Approximately 23,000 internet users responded to the survey. Almost half of those responding said they would not, while the other half said they probably would. What is a significant limitation with surveys like this one?
 - Not enough people responded to the survey, which means the results are not valid. *Incorrect*
 - The survey involved respondents who volunteered to participate, so the sample was not representative of the population. (*True Answer*)Correct
 - There was no experimental control group. Incorrect
 - The survey did not follow a double-blind procedure, which means that expectancy effects probably slanted the results. *Incorrect*
- 651 Professor Karney administered a psychological test measuring shyness to a large number of undergraduate students. The students also completed a lengthy questionnaire on their social life and activities, including number of friends. Professor Karney conducted a statistical analysis of the responses and found a correlation coefficient of -.80 between level of shyness and number of friends. This indicates that:
 - as number of friends increases, level of shyness

increases. Incorrect

• as number of friends decreases, level of shyness

increases. (True Answer)Correct

• there is no relationship between level of shyness and number of friends. *Incorrect*

• a cause-and-effect relationship exists between shyness and number of friends. *Incorrect*

- 652 Correlational research is useful because it can:
 - provide compelling evidence of cause-and-effect relationships. *Incorrect*
 - help identify the factors that play an important role in the behavior that is being investigated and rule out the factors that do not. (*True Answer*)Correct
 - provide a detailed description of a single individual. *Incorrect*
 - promote the acceptance of pseudosciences. Incorrect

653 A cognitive psychologist decides to study the effects of chess practice on math abilities in middle school students. All students are tested on a standard math test at the beginning of the study. Students are then randomly assigned to a chess group and a control group. Students in the chess group spend thirty minutes every school day learning chess strategy and playing chess. Students in the no-chess control group spend thirty minutes every school day watching educational television. At the end of three months, students take another standardized math test. The improvement or decline in their test score is computed and compared across the two groups. In this experiment, what is the DEPENDENT variable?

- the change in math test scores (True Answer)Correct
- playing chess or watching educational television Incorrect
- improvement in chess-playing ability Incorrect
- the number of chess matches won *Incorrect*
- 654 In Crum and Langer's hotel experiment, the group of participants who were informed that housekeeping work was good exercise was the:
 - placebo control group. Incorrect
 - experimental group. (True Answer)Correct
 - extraneous group. Incorrect
 - control group or control condition. Incorrect

- 655 Ginkgo biloba is an herb that is thought to increase blood flow in the brain and enhance memory processes. In a carefully controlled study investigating this claim, young adults were assigned to one of three groups. Those in group 1 took a capsule containing 120 milligrams of ginkgo biloba once a day. Those in group 2 took a capsule that looked identical but was a fake. Those in group 3 did not take any capsules. The participants assigned to group 2 constituted the _____ in this study.
 - dependent variable Incorrect
 - placebo control group (True Answer)Correct
 - extraneous group Incorrect
 - out-of-control group Incorrect

656 When college students are enrolled in a class in which participation in psychological research is part of the course requirement:

• the researcher is not required to provide the student participants with information about the purpose of the research. *Incorrect*

• their reactions and behavior in experimental situations can be videotaped without their consent. *Incorrect*

• they should complain to the college administration because it is a violation of the ethical standards for psychological research to use students as research participants. *Incorrect*

• students must be given the choice of an alternative activity to fulfill the course requirement or earn extra credit. (*True Answer*)Correct

657 Which of the following is NOT one of the brain-imaging techniques discussed in the Focus on Neuroscience section in the text?

- magnetic resonance imaging (MRI) Incorrect
- functional magnetic resonance imaging (fMRI) Incorrect
- transcranial magnetic stimulation (TMS) (*True Answer*) Correct
- positron emission tomography (PET) Incorrect

658 **The first African American to earn a Ph.D. in psychology was:**

- Mary Whiton Calkins. Incorrect
- Francis C. Sumner. (True Answer)Correct
- Edward B. Titchener. Incorrect

- G. Stanley Hall. Incorrect
- 659 The _____ perspective emphasizes studying how behavior is acquired or modified by environmental causes.
 - psychodynamic Incorrect
 - humanistic Incorrect
 - behavioral (True Answer)Correct
 - biological Incorrect

660 **As one of the advocates of _____, ____developed a theory of _____** motivation that emphasized psychological growth.

- functionalism; G. Stanley Hall Incorrect
- psychoanalysis; Sigmund Freud Incorrect
- humanistic psychology; Abraham Maslow (*True Answer*) Correct
- structuralism; Edward B. Titchener Incorrect

661 **Who wrote** On the Origin of Species?

- Sigmund Freud Incorrect
- John B. Watson Incorrect
- B. F. Skinner Incorrect
- Charles Darwin (True Answer)Correct

662 The term _____ refers to the tendency to use your own culture _____ as the standard for judging other cultures.

- ethnocentrism (True Answer)Correct
- expectancy effect Incorrect
- empirical Incorrect
- collectivistic *Incorrect*

663 **Which of the following titles would most likely be found in a** research journal for biological psychology?

• "Increased levels of the hormone testosterone causes increased aggressive behavior in laboratory rats" (*True Answer*)Correct

• "The effects of compliments on helping behavior" Incorrect

• "Decreases in intellectual functioning can be reversed through increased mental activities in the older adult" *Incorrect* • "Spacing rehearsals during learning improves long-term memory for nonsense syllables" *Incorrect*

- 664 Professor Newberg decided to study preferences of living senior adults, so he visited a local retirement village and invited residents to participate in a lengthy survey. Professor Newberg's survey results are probably invalid because he did not use:
 - a valid hypothesis. Incorrect
 - an operational definition. Incorrect
 - independent and dependent variables. Incorrect
 - random selection of participants. (True Answer)Correct

665 Generation coefficients, which represents the weakest relationship between two factors?

- -.67 Incorrect
- +.53 Incorrect
- +.32 Incorrect
- -.12 (True Answer)Correct

666 **Correlational research**:

• can indicate causality in either a positive or a negative direction. *Incorrect*

• provides the most compelling evidence of a cause-and-effect relationship between two variables. *Incorrect*

• can reveal the degree to which two factors are related or covary in a systematic way. (*True Answer*)Correct

• has been banned by the American Psychological Association since the 1960s, but it is still allowed in other countries. *Incorrect*

667 Several correlational studies point to the basic conclusion that the more time students spend playing violent video games, the greater the tendency to engage in delinquent behavior. Based on this result, you would be justified in stating that:

• playing violent video games causes delinquent behavior. *Incorrect*

• there is a positive correlation between delinquent behavior and playing violent video games. (*True Answer*)Correct

• there is a negative correlation between playing violent video games and delinquent behavior. *Incorrect*

- the researchers were conducting pseudoscientific research. *Incorrect*
- 668 **Researchers at the United Family Therapy Center are conducting a study to determine how quickly symptoms of**
 - conducting a study to determine how quickly symptoms of anxiety are reduced by different forms of psychotherapy. What is the dependent variable in this study?
 - change in the symptoms of anxiety (True Answer)Correct
 - the method used to recruit participants for the
 - study Incorrect
 - the type of psychotherapy used to treat anxiety Incorrect
 - the number of participants receiving each type of
 - psychotherapy Incorrect
- 669 Which of the following terms refers to a procedure that assures
 that all participants have an equal chance of being assigned to any of the experimental conditions?
 - the double-blind technique Incorrect
 - random assignment (True Answer)Correct
 - the single-blind technique Incorrect
 - random selection Incorrect

670 **According to Science Versus Pseudoscience, which of the**

- following items is NOT one of the strategies used by proponents of pseudoscience to give credibility to their claims?
 - shifting the burden of proof Incorrect
 - use of irrefutable or nonfalsifiable claims Incorrect
 - combining unfounded claims with established scientific findings *Incorrect*
 - use of the scientific method and replication of their findings by other scientists (*True Answer*)Correct
- 671 In a study described in Chapter 1, psychologist Paul Solomon and his colleagues investigated the effects of the herb gingko biloba on memory, concentration, and other mental tasks. All participants in the study took a battery of tests at the beginning and end of the six-week study. The results showed that:
 - test scores increased about the same for the participants in the experimental group and for the participants in the placebo control group. (*True Answer*)Correct
 - test scores actually decreased for the participants in the experimental group and increased slightly for the participants in the no-treatment control group. *Incorrect*

•	test scores	were virtually identical both times the participants
w	ere tested.	Incorrect

• although test scores stayed about the same, participants in the study subjectively rated their memory and concentration as being significantly improved. *Incorrect*

672 The use of dogs and cats in psychological researc	:h:
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- is very common, especially in research investigating drug effects on sleep. *Incorrect*
- is prohibited by the American Psychological Association and the Association for Psychological Science. *Incorrect*
- was outlawed in the United States in 1953 when the first chapter of the Society for the Prevention of Cruelty to Animals opened in Vermont. *Incorrect*
- is rare. (True Answer)Correct

673 What roles did philosophy and physiology play in the development of psychology as an independent science?

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674 What early school of psychology did Titchener found, and what did it advocate?

675 How did Wilhelm Wundt and William James differ in their views of what psychology should study?

676 What role did William James play in the founding of psychology in the United States?

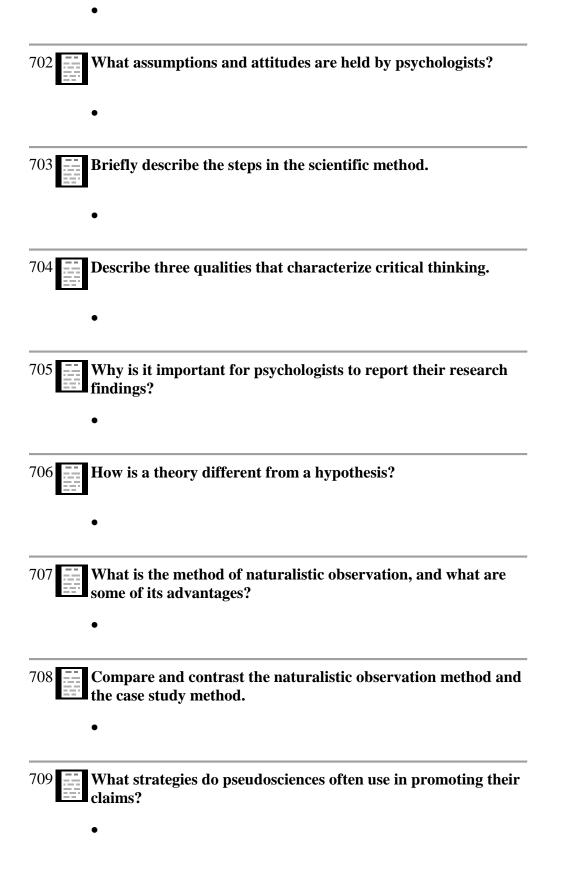
- 677 Discuss Charles Darwin's influence on William James and explain how Darwin's theory of evolution contributed to psychology.
 - •

678	Name four of William James's students and discuss how they influenced the development of psychology in the United States.
679	What contributions did Mary Whiton Calkins and Margaret Floy Washburn make to psychology? •
680	What kinds of obstacles were faced by women in the early days of American psychology?
581	Discuss the achievements and contributions of Francis C. Sumner.
582	Who was Sigmund Freud, and what were the basic ideas of the school of psychological thought he founded?
583	Compare and contrast psychoanalysis and behaviorism as two of the early schools of psychology.
584	What roles did Ivan Pavlov, John B. Watson, and B. F. Skinner play in the founding of behaviorism?
585	• What are the basic ideas and assumptions of behaviorism?
	•

686 What is humanistic psychology, and who advocated this approach?

- 687 List and describe the eight major perspectives in contemporary psychology described in the text. Be sure to address how each perspective differs in emphasis and approach.
- 688 Which of the major perspectives of contemporary psychology are often emphasized by psychologists working in the mental health field?
- 689 What relatively recent developments have reinforced interest in the biological perspective of psychology?
- 690 Which three factors do psychologists who take the psychodynamic perspective emphasize in explaining the underlying dynamics of human behavior?
- 691 **Psychologists can study a particular behavior, topic, or issue from different perspectives. Give an example of a psychological phenomenon and how it might be approached from three different perspectives in psychology.**
- 692 Contrast the approach to psychology taken by those who follow the behavioral perspective to those who follow the cognitive perspective.
- 693 What is the emphasis of the positive psychology perspective, and how does it differ from other perspectives in psychology?

694	Positive psychology shares some characteristics with the humanistic perspective. How are the two perspectives similar? How are they different?
695	Which perspective in contemporary psychology was influenced by Carl Rogers and Abraham Maslow? What does this perspective focus on? •
696	What is the difference between social loafing and social striving?
697	How do individualistic cultures differ from collectivistic cultures?
698	When evaluating the evolutionary perspective, why is it important to keep the time frame of evolutionary changes in mind?
699	Evolutionary theory is based on the principle of natural selection. What must be assumed in the evolutionary perspective in psychology to apply the principles of evolution to the investigation of human thought and behavior?
700	Describe three specialty areas in psychology, and provide an example of a research topic or a question in each area one might investigate.
701	How do clinical psychologists differ from psychiatrists, and how are they similar?



	In a scientifically conducted survey, describe how participants should be selected and explain the importance of the selection process.
	•
	Every day on the World Wide Web, people can participate in an opinion poll about current news events at the CNN.com Web site. How do scientifically conducted surveys differ from such surveys? •
712	What do correlational studies examine, and what conclusions can be drawn from a correlational study? •
713	Give an example of two factors that are positively correlated, and explain what that means. •
	What is the difference between a positive correlation and a negative correlation? Give an example of each.
715	•
	What is the difference between the independent variable and the dependent variable?
	•
	When would a placebo control group be used in an experiment, and why?
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