

1.1-13. What is wrong with describing someone as being "schizophrenic"?

- a. Nothing.
- b. Such a definitive diagnosis is rare.
- c. The behavior of the schizophrenic changes so rapidly that this is only true a small percentage of the time.
- d. Labels should be applied to disorders, not to people.

Difficulty: 2

Question ID: 1.1-13

Page Ref: 8-9

Topic: What Are the Disadvantages of Classification?

Skill: Conceptual

Answer: d. Labels should be applied to disorders, not to people.

1.1-14. In the field of abnormal psychology, what does DSM stand for?

- a. Disorders, Science, and the Mind
- b. Diagnostic and Statistical Manual
- c. Descriptors for the Science of the Mind
- d. Diagnostic Science of the Mind

Difficulty: 1

Question ID: 1.1-14

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Factual

Answer: b. Diagnostic and Statistical Manual

1.1-15. Which of the following is included in the DSM?

- a. A discussion of the various causes of mental disorders
- b. A means of identifying different mental disorders
- c. A description of the necessary and sufficient conditions for mental illness
- d. A description of all of the possible treatments for each disorder

Difficulty: 1

Question ID: 1.1-15

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Applied

Answer: b. A means of identifying different mental disorders

1.1-16. **In the United States, the standard for defining types of mental disorders is contained in the**

- a. American Psychological Association's bylaws.
- b. American Psychiatric Association's bylaws.
- c. World Health Organization's classification code.
- d. Diagnostic and Statistical Manual of Mental Disorders.

Difficulty: 1

Question ID: 1.1-16

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Factual

Answer: d. Diagnostic and Statistical Manual of Mental Disorders.

1.1-17. **According to the DSM-IV's definition of mental disorder, impairment in one or more areas of functioning (disability)**

- a. must not be present in order to make a diagnosis.
- b. may be present but is not a necessary condition for making a diagnosis.
- c. is one of the only important features of a mental disorder.
- d. must be present for at least six months to be considered a true disability.

Difficulty: 2

Question ID: 1.1-17

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Conceptual

Answer: b. may be present but is not a necessary condition for making a diagnosis.

1.1-18. **The Solarists are a cult whose members believe that they control the movements of the sun with special hand gestures. What would the DSM-IV say about this group?**

- a. The group suffers from Shared Delusion Psychosis.
- b. Because a group of persons share a belief, however strange, the group must be considered emotionally healthy.
- c. While some of this group's individual members may meet criteria for a DSM-IV diagnosis, the DSM-IV does not diagnose groups.
- d. The group is diagnosable because it is a cult.

Difficulty: 2

Question ID: 1.1-18

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Applied

Answer: c. While some of this group's individual members may meet criteria for a DSM-IV diagnosis, the DSM-IV does not diagnose groups.

- 1.1-19. **Brett persistently injects himself with pain killers. This has greatly increased his chance of overdosing and dying. His behavior harms no one else. According to the DSM, is Brett's behavior consistent with the definition of a mental disorder?**
- a. Yes, because very few people in society engage in this behavior.
 - b. Yes, because he is persistently acting in a way that harms him.
 - c. No, because his behavior must also harm the well-being of others in the community.
 - d. No, because there is no evidence that his actions are out of his own control.

Difficulty: 3

Question ID: 1.1-19

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Applied

Answer: b. Yes, because he is persistently acting in a way that harms him.

- 1.1-20. **The current DSM is**

- a. atheoretical.
- b. focused upon etiology.
- c. focused upon theory.
- d. not generally accepted by practitioners.

Difficulty: 1

Question ID: 1.1-20

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Factual

Answer: a. atheoretical.

- 1.1-21. **Wakefield's conception of "mental disorder" included the idea of _____ as most central to diagnosis.**

- a. religious persecution
- b. dangerous malfunction
- c. harmful dysfunction
- d. familial mental disorder

Difficulty: 2

Question ID: 1.1-21

Page Ref: 6

Topic: The DSM-IV Definition of Mental Disorder

Skill: Factual

Answer: c. harmful dysfunction

1.1-22. **According to the DSM, when is deviant behavior viewed as indicative of a mental disorder?**

- a. Always
- b. Only when the behavior is inconsistent with cultural norms
- c. When it is a symptom of a dysfunction in the individual
- d. Never

Difficulty: 1

Question ID: 1.1-22

Page Ref: 5

Topic: The DSM-IV Definition of Mental Disorder

Skill: Factual

Answer: c. When it is a symptom of a dysfunction in the individual

1.1-23. **Which of the following best describes the DSM?**

- a. A complete guide to the origin, diagnosis and treatment of mental disorders
- b. A work in progress that classifies mental disorders based on what is currently known
- c. A fundamentally flawed collection of unfounded assumptions about mental disorders
- d. An objective guide to diagnosing mental disorders

Difficulty: 2

Question ID: 1.1-23

Page Ref: 6

Topic: The DSM-IV Definition of Mental Disorder

Skill: Conceptual

Answer: b. A work in progress that classifies mental disorders based on what is currently known

1.1-24. **What do the textbook authors identify as the most problematic element of Wakefield's definition of mental disorder?**

- a. He describes mental disorders as mental conditions.
- b. The role of biology is not recognized.
- c. We have yet to discover the dysfunction that underlies most mental disorders.
- d. Most mental disorders do not cause distress.

Difficulty: 3

Question ID: 1.1-24

Page Ref: 6

Topic: The DSM-IV Definition of Mental Disorder

Skill: Conceptual

Answer: c. We have yet to discover the dysfunction that underlies most mental disorders.

1.1-25. **What does the case of JGH, a Native American elder, illustrate?**

- a. Alcoholism has long lasting effects on mood and behavior, even when drinking has ceased.
- b. A person may focus on somatic symptoms, rather than mood, when depressed.
- c. Depression is not universal.
- d. The symptoms of some illnesses are not apparent until after lengthy psychological evaluation.

Difficulty: 1**Question ID:** 1.1-25**Page Ref:** 9-10**Topic:** How Does Culture Affect What Is Considered Abnormal?**Skill:** Applied**Answer:** b. A person may focus on somatic symptoms, rather than mood, when depressed.1.1-26. **What is a culture-specific disorder?**

- a. A disorder seen in all cultures
- b. A disorder that is seen universally, but presents itself differently depending on cultural factors
- c. A disorder that is a product of cultural stressors
- d. A disorder seen only in certain cultures

Difficulty: 2**Question ID:** 1.1-26**Page Ref:** 10**Topic:** Culture-Specific Disorders**Skill:** Factual**Answer:** d. A disorder seen only in certain cultures1.1-27. **Practically speaking, “abnormal” behavior means**

- a. any behavior that is "away from the normal" and causes any distress.
- b. any behavior that causes the person distress.
- c. any behavior that causes us to consider our values.
- d. unusual behaviors that are not consistent with the norms of the society in which they are displayed.

Difficulty: 1**Question ID:** 1.1-27**Page Ref:** 10**Topic:** Culture-Specific Disorders**Skill:** Conceptual**Answer:** d. unusual behaviors that are not consistent with the norms of the society in which they are displayed.