

CHAPTER ONE

What is Multicultural Psychology?

1. A 2006 survey by Maton and colleagues indicated that ___% of psychology faculty in graduate programs are not ethnic minorities.
 - a. 33%
 - b. 55%
 - c. 66%
 - d. 88%

Answer: **d.**

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2. According to the U.S. Bureau of the Census in 2007, _____ counties in the U.S. has a population that is more than 50% minority.
 - a. one in 3
 - b. one in 10
 - c. one in 30
 - d. one in 50

Answer: **b.**

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3. The percentage of psychology articles published on people of color is
 - a. less than 5%
 - b. about 10%
 - c. about 30%
 - d. about 45%

Answer: **a.**

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4. An emphasis on cultural and sociocultural influences is characteristic of:
 - a. cultural psychology
 - b. cross-cultural psychology
 - c. multicultural psychology
 - d. an etic approach

Answer: **c.**

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5. Which of the following is NOT true about race?
- a. it involves a group of people with origins in a single geographic area
 - b. there is more genetic variation within than between racial groups
 - c. its meaning is socially constructed
 - d. there are genetic markers that distinguish racial groups

Answer: **d.**

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6. A person who has internalized negative stereotypes about African Americans has a(n) _____ identity.
- a. internalization
 - b. oppressed minority
 - c. pre-encounter miseducation
 - d. immersion

Answer: **c.**

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7. A person who is involved in an ethnic student organization and is considered a “militant” would likely be in the _____ stage of identity.
- a. contact
 - b. immersion-emersion
 - c. internalization
 - d. disintegration

Answer: **b.**

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8. A humanist identity in Sellers’ Multidimensional Model of Racial Identity is similar to which of the following stages in Cross’ model of racial identity?
- a. autonomy
 - b. immersion-emersion
 - c. pre-encounter
 - d. encounter

Answer: **c.**

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9. In which of Poston's (1990) stages of biracial identity does a person tend not to identify with one racial group over the other?
- a. enmeshment/denial
 - b. personal identity
 - c. moratorium
 - d. appreciation

Answer: **d.**

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10. The optimal mode of functioning, according to LaFromboise, Coleman, and Gerton's (1993) models of acculturation, is:
- a. multicultural
 - b. fusion
 - c. alternation
 - d. acculturation

Answer: **c.**

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